



SERVICE • SUPPORT • ADVOCACY

AREA AGENCY ON AGING

San Benito & Santa Cruz Counties

FOSTER GRANDPARENT/SENIOR COMPANION
PROGRAM

Monterey, San Benito, Santa Clara & Santa Cruz Counties

PROJECT SCOUT
Tax Counseling Assistance

COMPANION FOR LIFE
Emergency Response Systems

2016 SAN BENITO COUNTY SENIOR FACT SHEET

Population Changes

- The 60+ population has increased by 20.5% since 2011.
- 1,500 of the County's 10,800 seniors are eligible for Medi-Cal
- The Over-60 Medi-Cal Eligible population grew 46% since 2011
- 8% of the population consumes 75% of the health care costs, with the vast majority being seniors with chronic conditions
- 19 seniors per week turned 60 in San Benito County in 2015
- 4 Medi-Cal eligible County residents turned 60 every week, accounting for 45% of the increase over the past five years
- 42% of all older San Benitians (age 65+) do not have enough income to meet their basic needs
- 1,000 Californians are turning 65 every day for the next fifteen years
- **Seniors are the fastest growing age group** in California and the United States. The 65-74 age group is projected to grown by 20.7% over the next 5 years (compared to 4.7% for all age groups).

Food-insecure seniors are at greater risk for chronic health conditions and are:

- 60 percent more likely to experience depression
- 53 percent more likely to report a heart attack
- 52 percent more likely to develop asthma
- 40 percent more likely to report an experience of congestive heart failure

Elder Abuse

- Financial abuse cases of seniors rose 41% between 2009 and 2013 in California
- Adult Protective Services workers receive only 4 cents of every dollar of state and federally funded training that is provided to Child Welfare workers

Senior Services Funding and the Cost of Long Term Care

- The average cost of a nursing home in California is over \$86,000 per year
- Funding for Older Americans Act programs is at 1984-85 levels.
- State funding for Older Californians Act Programs has been *eliminated*.
- Successful programs such as Linkages have been closed

234 Santa Cruz Avenue • Aptos, California 95003 www.seniorscouncil.org
PHONE: AAA – (831) 688-0400 • FG/SCP – (831) 475-0816 • SCOUT – 1-877-373-8297 • FAX: (831) 688-1225

SUPPORTED BY FEDERAL, STATE & LOCAL GOVERNMENTS, FOUNDATIONS, THE UNITED WAYS OF
MONTEREY, SAN BENITO, & SANTA CRUZ COUNTIES & YOUR PRIVATE DONATIONS