

AGING IN PLACE IS A WIN-WIN FOR ALL



Aging in place is the ability to live in one's own home and community safely, independently, and comfortably.

IT'S WHAT PEOPLE WANT!

90% of people say they would like to age in their own homes



IT'S COST-EFFECTIVE!

Only 3 in 10 can do so



WHAT IS NEEDED TO AGE IN PLACE SUCCESSFULLY?

- Engagement in the life of the community
- Economic security and stability
- Housing - affordable, accessible housing
- Health, wellness and social services
- Transportation and mobility - available, appropriate, affordable
- Innovative technology to enhance independence
- Age friendly public places
- Access to information and services



A CULTURAL SHIFT



Actions to Promote Aging in Place

- Adopt universal design as code
- Streamline accessory dwelling unit building and permitting process
- Incorporate age-friendly land use
- Develop innovative housing solutions
- Expand transportation options
- Fund community-based programs and services
- Create pilot projects to promote aging in place.
- Prioritize funding for aging services
- Promote awareness of services

LOOK AT THE NUMBERS\$



The average monthly Social Security Check is \$1342/SSI maximum is \$910

ANNUAL COSTS *

Skilled Nursing Facility	\$95+ K
Assisted Living Facility	\$58 K
Home Care Aide (40 hrs/wk)	\$50 K
Adult Day Health (5 days/wk)	\$30 K
In Home Support (28 hrs/wk)	\$18 K

**None of this long term care is covered by Medicare*