

The *San Benito Seniors Connect* newsletter is an initiative of the Seniors Council of Santa Cruz and San Benito Counties, made possible by federal, state, and local funding, including private grants and donations.



In collaboration with the Community Foundation for San Benito County, this newsletter supports programs and services that enrich the lives of our seniors. Together, we're building a stronger, more connected community.



Your Monthly News & Updates

San Benito County Seniors Connect Newsletter

As February begins, we're reminded that strong communities are built through connection, compassion, and shared involvement. Whether it's participating in a local event, volunteering your time, or simply checking in with someone, every action helps strengthen the fabric of our community.

The Seniors Council of Santa Cruz and San Benito Counties, in partnership with the Community Foundation for San Benito County, is proud to support programs and initiatives that help older adults and people with disabilities remain active, engaged, and connected across San Benito County.

This month's newsletter includes updates on events, volunteer opportunities, and resources that encourage connection and community involvement. Together, we can continue making San Benito County a place where everyone feels supported and included.

This Month's Volunteer SPOTLIGHT:

Martha's Kitchen
is making a difference in San Benito County — providing meals, connection, and care for local seniors.

VOLUNTEER SPOTLIGHT: MARTHA'S KITCHEN

Serving with Heart - Supporting Seniors Across San Benito County

MAKE A DIFFERENCE IN YOUR COMMUNITY

Martha's Kitchen is bringing warmth, nourishment, and connection to our local seniors - and you can help!

VOLUNTEER OPPORTUNITIES



Lead Senior Art Activities

Share your creativity through drawing, jewelry-making, or painting



Senior Lunch Service (Hollister & San Juan Bautista)

Serve meals and smiles to local seniors



Senior Meal Setup

Help set up tables and chairs for daily meal service



Frozen Meal Production

Assemble frozen meals that support the Meals-on Wheels Program

HOW TO GET INVOLVED
Visit www.SBCVolunteers.org



LOCATIONS

300 West Street

- Hollister

10 San Jose Street

- San Juan Bautista

**Together, we're making a difference across Santa Cruz &
San Benito Counties —
thank you for helping us keep seniors supported,
connected, and thriving.**

♥ SUPPORT SENIORS IN SAN BENITO COUNTY

**BE THE DIFFERENCE
VOLUNTEER TODAY!**

MAKE A DIFFERENCE IN YOUR COMMUNITY BY VOLUNTEERING YOUR TIME AND SKILLS.

OPPORTUNITIES INCLUDE: ADVOCACY, MEALS DELIVERY, COMPANIONSHIP, CAREGIVER SUPPORT, AND MORE.

FLEXIBLE HOURS, MEANINGFUL IMPACT.

 **BECOME A VOLUNTEER HERE**
www.sbcvolunteers.org



**SAN BENITO
CONNECT**
NEIGHBOR TO NEIGHBOR
VOLUNTEER NETWORK

**YOUR DONATION =
MEALS, CARE & COMMUNITY**

HELP PROVIDE TRANSPORTATION, MEALS AND SO MUCH MORE....

KEEP OUR PROGRAMS ALIVE FOR THE SENIORS WHO NEED THEM MOST.

MAKE A DONATION HERE





(831) 975-2596 ext. 204 – SENIORSCOUNCIL.ORG



Every day, the Seniors Council changes lives — from providing free tax help that puts money back in local wallets, to connecting isolated seniors with caring companions, to placing Foster Grandparents in classrooms to mentor our youngest learners.

These programs are the heart of our community. They help older adults stay active, valued, and connected — while giving children, families, and caregivers the support they need.

Unfortunately, some of these programs are now at risk due to funding cuts. 💔

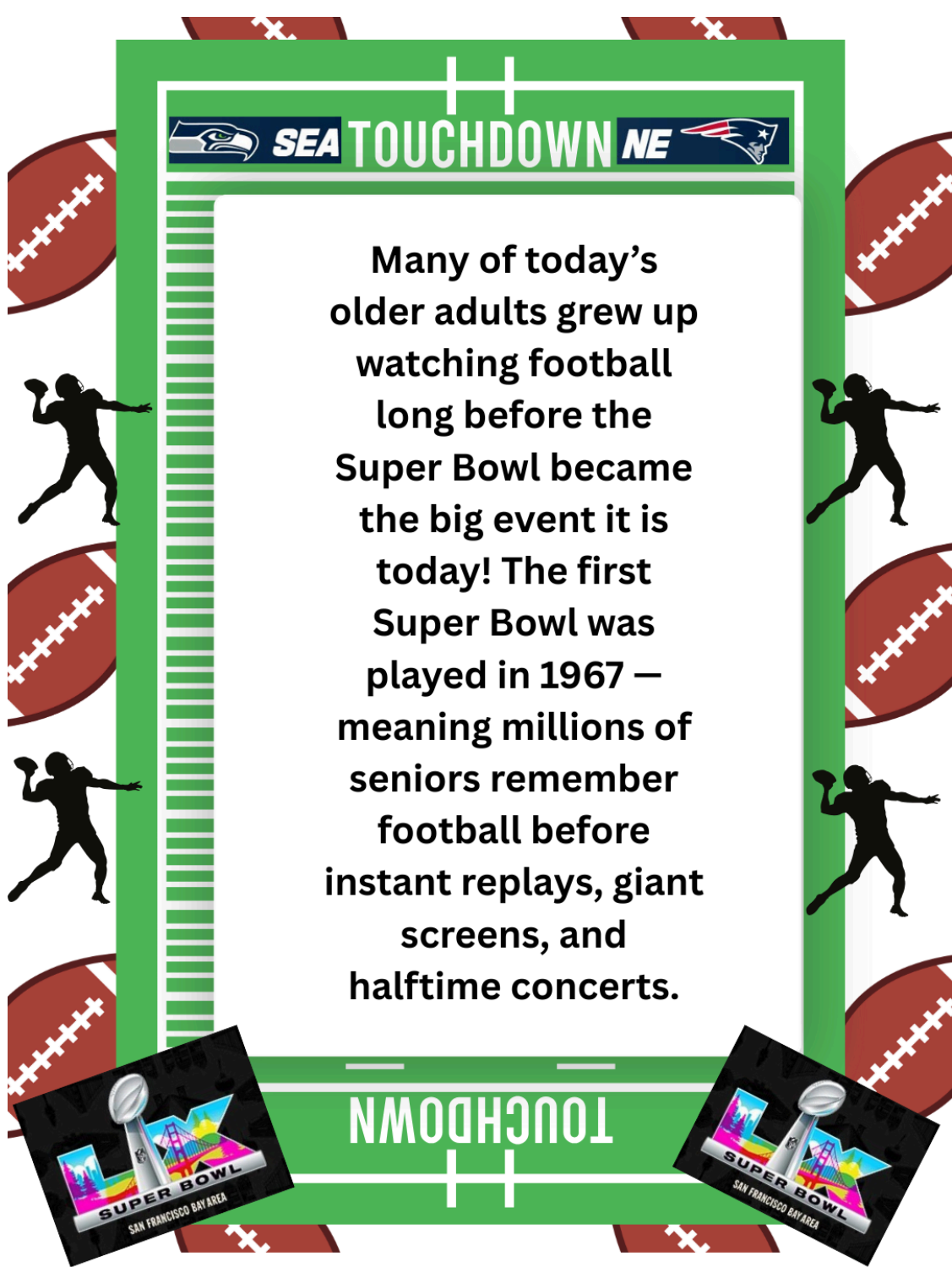
If you believe in the power of community and neighbor-to-neighbor connection, you can help:

♥ Donate (click [HERE](#)) — Your support keeps meals delivered, companions visiting, and mentors in classrooms.






♥ Volunteer (click [HERE](#)) — Be the difference! Opportunities include meal delivery, companionship, caregiver support, and more.

Together, we can keep these programs alive for the seniors and families who need them most.

 **Did You Know?**



Since releasing the San Benito County Master Plan for Aging Playbook, community partners have already begun putting ideas into action! From supporting caregivers to exploring new housing solutions, local efforts are shaping an age-friendly future one step at a time.

-  Housing for All Ages & Stages
-  Health Reimagined
-  Inclusion & Equity, Not Isolation
-  Caregiving That Works
-  Affording Aging

San Benito County Master Plan for Aging Local Playbook 2024-2025



Pinnacles National Park in Paicines, San Benito County, California

Keep an eye out as we highlight progress from each goal area in the months ahead.

[Read the full playbook **CLICK HERE**](#)



Prepared by the Seniors Council of Santa Cruz & San Benito Counties and the Community Foundation for San Benito County.



Master Plan for Aging – State Update


California has released the Fifth Annual Master Plan for Aging Report, highlighting progress across housing, health, caregiving, inclusion & equity, and affording aging. This statewide update aligns with the ongoing San Benito County Master Plan for Aging efforts.

[!\[\]\(47734e4656765d20df4fdbd5b7aff048_img.jpg\) Click HERE to Read more!](#)

Upcoming Events and Classes SENIOR Focused

Need help with your phone, tablet, or laptop?

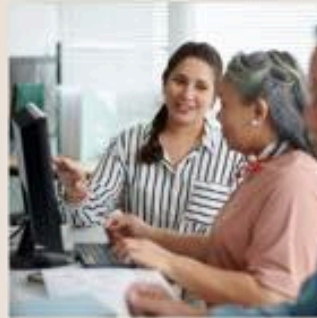
Tech Help Tuesdays are back at the San Benito County Free Library! This free, drop-in program offers hands-on guidance from volunteers—just bring your device and your questions.

See the flyer for dates, times, and details 

Tech Help Tuesdays

AT THE LIBRARY

Got tech questions? We've got answers! The San Benito County Free Library and the Friends of the SBC County Free Library have partnered to offer Tech Help Tuesdays, a free, drop-in clinic for hands-on help with phones, tablets, and laptops.



Please bring your device and questions. Volunteers are available to guide you with learning more about your cell phone, tablet or laptop. Guidance only - no device repairs provided.

QUESTIONS? PLEASE CALL THE
LIBRARY AT (831) 636-4107

Dates

- Tuesday, January 20, 2026
- Tuesday, February 17, 2026
- Tuesday, March 17, 2026
- Tuesday, April 21, 2026

10:30AM - 12:00PM



470 FIFTH STREET
HOLLISTER, CA 95023

JOIN US IN JANUARY, FEBRUARY, AND MARCH ONLINE EDUCATION PROGRAMS

Presented by the Alzheimer's Association®

ENGLISH CLASSES

Building Foundations of Caregiving

Thursday, January 15, 10-11 a.m.

10 Warning Signs of Alzheimer's

Tuesday, January 20, 10-11 a.m.

Responding to Dementia-Related Behaviors

Thursday, January 29, 2-3 p.m.

Understanding Alzheimer's and Dementia

Tuesday, February 3, 10-11 a.m.

Communicating Effectively

Thursday, February 12, 10-11 a.m.

Supporting Independence

Tuesday, February 17, 2-3 p.m.

Navigating Dementia- From Diagnosis to Living Well

Tuesday, February 24, 10-11 a.m.

Healthy Living for Your Brain and Body

Thursday, March 5, 2-3 p.m.

Exploring Care and Support Services

Thursday, March 12, 10-11 a.m.

Managing Money: A Caregiver's Guide to Finances

Wednesday, March 25, Noon-1 p.m.

SPANISH

Understanding Alzheimer's and Dementia

Tuesday, January 20, 6:30-7:30 p.m.

Building Foundations of Caregiving

Tuesday, February 17, 6:30-7:30 p.m.

Supporting Independence

Tuesday, March 17, 6:30-7:30 p.m.



To register, please call 800.272.3900 or visit us online at alz.org/crf

For on-demand recorded classes, visit alz.org/education

ALZHEIMER'S  ASSOCIATION®

JOIN US IN JANUARY, FEBRUARY AND MARCH EDUCATION CLASSES

For families, community members and people facing dementia

The Alzheimer's Association® offers a range of awareness and caregiver skill-building classes. The classes aim to help caregivers feel more prepared to handle the challenges that come with caring for someone living with dementia.

IMPACT OF ALZHEIMER'S AND DEMENTIA IN OUR COMMUNITY

This engaging presentation offers a concise overview of Alzheimer's disease and dementia, highlighting the latest treatment advances, practical brain health tips, and ways to get involved in the fight against the disease.

SUPPORTING BRAIN HEALTH IN OUR COMMUNITY

Everyone deserves a life with the healthiest brain possible, and we can all take action to protect our brain health. This presentation shares important information about brain-healthy actions we should all build into our routines to benefit our brains.

HEALTHY LIVING FOR YOUR BRAIN AND BODY

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands on tools to help you incorporate these recommendations into a plan for healthy aging.

10 WARNING SIGNS OF ALZHEIMER'S

This education program will help you recognize common signs of the disease in yourself and others and next steps to take, including how to talk to your doctor.

UNDERSTANDING ALZHEIMER'S AND DEMENTIA

Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, research and FDA-approved treatments.

MANAGING MONEY: A CAREGIVER'S GUIDE TO FINANCES

If you or someone you know is facing Alzheimer's disease, dementia or another chronic illness, it's never too early to put financial plans in place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning.

NAVIGATING DEMENTIA-FROM DIAGNOSIS TO LIVING WELL

Getting a diagnosis of Alzheimer's or any type of dementia can raise many questions. Join us to learn about the different stages of the disease, what support you'll need, how to cope with changes now and in the future, and if there are any treatments that could help. Hear from people living with dementia and experienced professionals as they share what's important to know, how to plan ahead, and what steps you can take to manage this journey.

ADVANCING THE SCIENCE: THE LATEST IN ALZHEIMER'S AND DEMENTIA RESEARCH

Alzheimer's is a global health problem with more than 7 million people living with the disease in the US alone. Tremendous gains have been made in the understanding of the science and basic biology underlying Alzheimer's and other dementias. These advances are leading to great strides in strategies for prevention, detection, diagnostics, and therapeutic interventions.

The Empowered Caregiver classes teach caregivers how to navigate the responsibilities of caring for someone living with dementia.

BUILDING FOUNDATIONS OF CAREGIVING

Explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress.

SUPPORTING INDEPENDENCE

Focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

COMMUNICATING EFFECTIVELY

Teaches how dementia affects communication, including tips for communicating well with family, friends and health care professionals.

RESPONDING TO DEMENTIA-RELATED BEHAVIORS

Details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

EXPLORING CARE AND SUPPORT SERVICES

Examines how best to prepare for future care decisions and changes, including respite care, residential care and end-of life care.

To register, please call 800.272.3900 or visit us online at alz.org/crf

For on-demand recorded classes, visit alz.org/education

ALZHEIMER'S  ASSOCIATION®

The Del Mar Caregiver Resource Center and Health Projects Center invite caregivers to attend monthly workshops at the Community Foundation Epicenter in Hollister. Each session offers valuable education, resources, and encouragement for those caring for loved ones.



2026 SCHEDULE

In Person Caregiver Education and Caregiver Support Group

For caregivers seeking support, resources, and knowledge to enhance the care of their loved one.

JOIN US! 1:30PM TO 3:00PM

Community Foundation of San Benito County -Epicenter
440 San Benito St, Hollister, CA

JANUARY 28	Seven Guidelines for the Caregiver Journey
FEBRUARY 25	Understanding Dementia
MARCH 25	How Caregiving Affects You
APRIL 22	Caring for You
MAY 27	6 R,s of Behavior Management
JUNE 24	Stress, Coping and Resiliency
JULY 22	Communication with Your Loved One
AUGUST 26	Ambiguous Loss and Grief
SEPTEMBER 23	The Myth of Closure
OCTOBER 28	Safety In the Home
NOVEMBER 18	Rituals Celebrations and Gatherings
DECEMBER	No Meeting

For more information:
Please call (800) 624-8304 Facilitated by Health Projects Center-Del Mar CRC

Stay Active and Engaged

Don't miss out on the latest activities! From wellness classes to educational seminars, there's something for everyone. Join us to connect, learn, and stay active in the community!

🌟 Looking for a relaxing and creative way to connect?

Join the Adult Knitting & Crochet Group at the San Benito County Free Library! 🧶💬
Whether you're brand new or a seasoned crafter, come share ideas, meet new friends, and enjoy some creative time together. 🧵👉



ADULT KNITTING & CROCHET

EVERY TUESDAY

11 AM-1:00 PM

(BARBARA ROOM)

EVERY FRIDAY

11 AM-1:00 PM

(BARBARA ROOM)

**Drop-ins
Welcome**



**470 Fifth Street,
Hollister, CA 95023**

(831) 636-4107

[Chair Yoga](#)

[San Benito County Free Library](#)

470 Fifth Street, Hollister

For more information, visit us at www.sbcfl.org or call (831) 636-4107. Relaxing and rejuvenating Chair Yoga session designed especially for senior citizens! Whether you're looking to improve flexibility, reduce stress, or simply enjoy a peaceful hour, this program is perfect for you.



CHAIR YOGA

Instructor:
Alice Riordan

THURSDAYS 11:30-12:30



Upcoming Events

Events Happening in the Community

**Celebrate Valentine's Day with
music, dancing, and community** ❤️

Jóvenes de Antaño is hosting a Valentine's Dance on February 14, 2026 at the Hollister Veterans' Memorial Building, 649 San Benito Street.

🎵 Live music & DJ

🍴 Food, beer & wine available

🎫 \$10 per ticket

All proceeds benefit programs supporting our seniors ❤️

YOU ARE INVITED

VALENTINE'S DANCE

Sat~Feb 14~2026

VETS HALL ~ 649 SAN BENITO ST, HOLLISTER

*DJ, live music & dancing
Beer, wine and food for purchase*

DOORS OPEN @ 6:00PM

MUSIC @ 7PM

\$10 per ticket




Purchase tickets online at jdaseniors.org
or purchase tickets at 300 West St.
All proceeds benefit Jovenes De Antaño supporting our seniors

ESTAN INVITADOS AL

BAILE DE SAN VALENTIN

Sab ~14 Feb~2026

649 SAN BENITO ST. HOLLISTER
~SALON DE LOS VETERANOS~

*Grupo Musical & DJ.
Comida, cerveza y vino a la venta*

PUERTAS ABREN A LAS @ 6PM
MÚSICA @ 7PM

\$10 para entrada




Venta de boletos en línea a jdaseniors.org.
Boletos disponibles en 300 West St.
Todos los ingresos a beneficio a Jóvenes de Antaño

- 2/01/26 - [Ranch Days/Hikes on Nyland & Rancho Larios Protected Lands in San Juan Bautista, 9AM-12PM](#)
- 2/05/26 - [Thriller Book Club, 6PM-7PM, Hill's Bookstore, 650 San Benito Street, Hollister](#)
- 2/06/26 - [First Friday Night Market @Vertigo San Juan Bautista, 5PM-9PM. Artists/Vendors, Vinyl DJ, 4PM-8PM. Hapa Bros Food Truck](#)
- 2/07/26 - [Recycle Day, 9AM - 1:00PM, San Benito County Resource Management, 2301 Technology Pkwy, Hollister](#)
- 2/08/26 - [Game Day Scramble, 8:30AM, San Juan Oaks, 1996 San Juan Oaks Drive, Hollister](#)
- 2/10/26 - Hazel Hawkins Hospital - 2026 Community Needs Assessment - Public Listening Sessions: Your Voice Matters! Tuesday 6PM, Hazel Hawkins Hospital Support Services Building, 2nd floor, Great Room, 911 Sunset Drive, Hollister.
- 2/11/26 - Hazel Hawkins Hospital - 2026 Community Needs Assessment - Public Listening Sessions: Your Voice Matters! Wednesday 3:30PM, Hazel Hawkins Hospital Support Services Building, 2nd floor, Great Room, 911 Sunset Drive, Hollister.
- 2/11/26 - [Galentines Girls Paint Night, 6:30PM, The Brass Tap, 1701 Airline Hwy, Hollister](#)
- 2/13/26 - [Leal Valentine's Dinner, 6PM, Leal Vineyards, 300 Maranatha Drive, Hollister](#)
- 2/14/26 - Valentine's Day
- 2/14/26 - The San Juan Sweetheart Scavenger Hunt! 11AM-4PM, Explore charming shops along 3rd Street while participating in a free scavenger hunt, discovering hidden gems in participating stores, and entering a raffle for a chance to win a Grand Prize Package
- 2/14/26 - [Friends of the Library Monthly Book Sale, 9AM - 11:30AM, behind the San Benito County Free Library, Hollister](#)
- 2/16/26 - Presidents' Day
- 2/17/26 - Lunar New Year - Year of the Horse 🐎
- 2/18/26 - Ash Wednesday
- 2/26/26 - [Boozy Bees Book Club, 7PM-8:30PM, The GardenShoppe, 364 7th Street, Hollister](#)

Every Week - Wednesdays

- Mary Velasco Sellen Senior Center Lunch, Chair Yoga & Bingo 11:00 AM chair yoga, followed by lunch and bingo, SJB Community Hall. Info Mary Edge 831-262-3484 maryedge@sbcglobal.net

Thursdays

- Trivia Night with Miguel Silva @ Vertigo 6:30 PM - 8:30 PM
- [Vinyl Night at Vertigo, 81 Fourth Street, San Juan Bautista, 6PM-9PM](#)

Monday - Friday

- [Martha's Kitchen, 9AM - 4PM Pauline Valdivia Memorial Community Center, 300 West Street, Hollister](#)

Community Event Calendars -

- [Mission Village Voice](#)
- [Benito Link](#)
- [San Benito County Chamber of Commerce](#)
- [Hollister Downtown Association](#)
- [San Benito County Arts Council](#)
- [San Benito County Business Council](#)
- [YMCA of San Benito County](#)

- [Rotary Club of Hollister, CA](#)
 - [Rotary Club of San Juan Bautista](#)
 - [HappeningNext](#)
 - [San Benito Home of the FreeLance](#)
 - [County of San Benito](#)
 - [The City of Hollister](#)
 - [City of San Juan Bautista](#)
 - [Aromas Community Grange](#)
 - [California Aging & Disability Resource Connection of San Benito County](#)
 - [Jovenes De Antano Senior Center](#)
-

Health and Wellness Tips

Tips for Staying Healthy and Happy
Stay vibrant and healthy! Explore our wellness tips each month for simple ways to boost your well-being.



YOUR VOICE MATTERS!

Hazel Hawkins Memorial Hospital is inviting community members to take part in their 2026 Community Health Needs Assessment Survey.

Your feedback helps guide future health programs and services here at HHMH.

The survey is: Confidential

Open to everyone

Takes just a few minutes

Scan the QR code or click [HERE](#) for web link



YOUR VOICE MATTERS!

Share your feedback in our
**2026 Community Health
Needs Assessment Survey**



TAKE THE SURVEY

<https://forms.gle/reNmBAsHG2>

- ✓ Confidential
- ✓ Open to everyone
- ✓ Takes just a few minutes

Help Shape the Future of Health Care in Our Community!

911 Sunset Drive • Hollister • (831) 637-5711
www.hazelhawkins.com

Weekly FREE Vaccination Clinic
Wednesdays & Thursday
[San Benito Health Services](#)

Click [HERE](#) to schedule appointments
Walk-ins welcomed - 351 Tres Pinos Rd, Suite B, Hollister, CA 95023

**SAN BENITO COUNTY
PUBLIC HEALTH
FREE
FLU VACCINATION CLINIC**

**WEDNESDAYS & THURSDAYS
10:00 A.M. - 12:00 P.M.
2:00 P.M. - 4:00 P.M.**

Suite B

Schedule appointments at myturn.ca.gov
Walk-ins welcomed!

Located at: San Benito County Public Health Services
351 Tres Pinos Rd Suite B,
Hollister, CA 95023

(831) 637-5367



**CLINICA
GRATUITA
DE VACUNACIÓN CONTRA LA
GRIPE
SALUD PÚBLICA DEL CONDADO
DE SAN BENITO**

**MIÉRCOLES Y JUEVES
10:00 A. M. - 12:00 P. M.
2:00 P. M. - 4:00 P. M.**

Suite B

Programa citas en myturn.ca.gov
¡Se aceptan visitas sin cita!

ubicado en: Servicios de Salud Pública del Condado de
San Benito
351 Tres Pinos Rd Suite B,
Hollister, CA 95023

(831) 637-5367



Need Help Understanding Medicare? HICAP is Here for YOU!



SHIP

State Health Insurance
Assistance Program

Senior Network Services

**Health Insurance Counseling and Advocacy Program
(HICAP)**

Health Insurance Counseling and Advocacy Program (HICAP) provides unbiased Medicare information to Medicare beneficiaries and their families. HICAP does not receive income from the insurance industry. HICAP provides community Medicare education presentations as well as one-on-one counseling to help people understand Medicare and their options.

HICAP is a program of Senior Network Services, a local nonprofit agency headquartered in Soquel. Our local HICAP provides services in San Benito as well as Santa Cruz Counties.

For Appointments call 831-462-5510

Day	Time	Location
Wednesdays,	930am – 1pm	300 West Street, Hollister, 95023
Fridays,	930am – 1pm	301 The Alameda #5B, San Juan Bautista

HICAP is currently accepting Volunteer Counselor Application. Contact Bill at 831-462-5510

This project was supported, in part by grant number 90SAPG0052-03-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

SHIP (800) 434-0222

Community Partner Updates

Community Partner Highlights

Discover the latest from our partners and see how we're all working together to support and uplift seniors in our community.



Project Scout (Senior Citizen OUTreach)
FREE Tax Prep
By appointment only
Call (831)724-2606 or click [HERE](#) to email



Project Scout **FREE TAX PREP** *By appointment only*

OUR SERVICE

Free tax assistance for those with reportable income of \$67,000 or less; simple tax returns only. To schedule an appointment with one of our tax prep volunteers, call 831-724-2606 or email projectscout@seniorscouncil.org. Please leave a message with your full name, phone number, age, city or town where you live, and what forms or sources of income you need to report in your taxes. You will be contacted for an appointment.

**We will not prepare married filing separate, rental income, net losses, expenses of \$35,000 or more, some K-1s with other income, deductions, and credits, plus others.

DIY SERVICE

Facilitated Self-Assistance Option. Do your taxes for free by using our free link: www.tinyurl.com/SCOUTFSA



REQUIREMENTS

The Following are mandatory for your Tax Preparation Appointment:

- ✓ Intake Sheet (provided by Project SCOUT) to make sure nothing is missed with your taxes
- ✓ Social Security Card, 1099-SSA (if receiving Social Security Income), or ITIN (if no social security number) provided by IRS
- ✓ Valid picture ID, such as driver's license or passport
- ✓ Most recently completed tax return
- ✓ W-2 forms that report employment income
- ✓ 1099 forms reporting other sources of income
- ✓ Detailed itemized self-employment expenses for the year for those self-employed
- ✓ Detailed itemized medical, taxes paid on property or big purchases, and donations (if itemizing on taxes)
- ✓ 1098 Payments or other contributions made
- ✓ Form 1095 A,B, or C reporting your health insurance coverage

Thank you to our partners & sponsors!



PROJECT SCOUT

A program of the Seniors Council of Santa Cruz and San Benito Counties

<https://seniorscouncil.org/project-scout>



CONTACT US

For appointment services:

Call: 831-724-2606

email: projectscout@seniorscouncil.org



Project Scout PREPARACIÓN DE IMPUESTOS GRATUITA

Solo con cita

NUESTRO SERVICIO

Asistencia fiscal gratuita para quienes tengan ingresos declarables de \$67,000 dólares o menos. Declaraciones de impuestos simples solamente. Para hacer una cita con nuestros voluntarios, llame al 831-724-2606 o envíe un correo electrónico a projectscout@seniorscouncil.org. Por favor deje un mensaje con su nombre, edad, número de teléfono y sus tipos de ingreso. Nos contactaremos con usted para programar una cita.

**No prepararemos declaraciones de casados por separado, ingresos por alquiler, pérdidas netas, costos de \$35,000 o más, algunos K-1 con otros ingresos, deducciones y créditos, mas otros.

AUTOSERVICIO DE IMPUESTOS

Opción autoasistida facilitada. Haga sus propios impuestos de forma gratuita en: www.tinyurl.com/SCOUTFSA



REQUISITOS

LOS SIGUIENTES DOCUMENTOS SON OBLIGATORIOS PARA SU NOMBRAMIENTO:

- ✓ Hoja de ingreso (proporcionada por el Proyecto SCOUT) para que sepamos lo que piensa declarar en sus impuestos
- ✓ Tarjeta de la Seguridad Social, 1099-SSA (si recibe ingresos de la Seguridad Social), o ITIN (si no tiene Tarjeta de la Seguridad Social) proporcionado por el IRS
- ✓ Identificación con su foto, como licencia de conducir o pasaporte
- ✓ Formularios W-2 que informan sobre ingresos laborales
- ✓ Declaración de impuestos más reciente
- ✓ Formularios 1099 reportando otras fuentes de ingresos
- ✓ Lista detallada de los gastos itemizados incurridos durante el año para los autoempleados
- ✓ Lista de gastos itemizados medicos, propiedad, impuestos en compras grandes y donaciones (para los que itemizan)
- ✓ Formulario 1098 Pagos u otras contribuciones realizadas.
- ✓ Formulario 1095-A, B o C que informa de su cobertura de seguro médico.

¡Gracias a nuestros patrocinadores y socios!



PROJECT
SCOUT

*Un programa del Consejo de Mayores de
los Condados de Santa Cruz y San Benito*

<https://seniorscouncil.org/project-scout>



CONTACTENOS

Para programar una cita:

Llamar: 831-724-2606

email: projectscout@seniorscouncil.org

The San Benito County Workforce Development Board, in partnership with EDD and Chase, is hosting a free Financial Literacy Workshop series.

The February workshop, Credit Basics 101, will be held on February 26, 2026, from 3:00–4:00 PM.



EDD Employment
Development
Department
State of California


In Partnership
With

CHASE 

FINANCIAL LITERACY WORKSHOPS

SCHEDULE

Jan 22nd 2026
**Money Skills 101:
Budgeting and Saving**

Feb 26th 2026
**Credit Basics 101**

March 26th 2026
**Help Avoid Fraud
& Scams 101**

SCAN ME! 

 **3pm to 4pm**

Let us help you take control of your finances and reduce stress!

>>>> TO ATTEND <<<<

Please go to caljobs.ca.gov "Event Calendar" to register online For registration assistance please call 831-637-JOBS (5627)



ADA / Equal Opportunity Employer / Program Auxiliary Aids and Services are available upon request to individuals with disabilities.
Some conditions may apply. For TTY access call: (831) 637-3265



■ Aging & Disability Resource Directory – San Benito County
Aging & Disability Resource Directory created by the Aging & Disability Resource Connection (ADRC) in partnership with the Seniors Council. This guide serves as a “No Wrong Door” resource to help older adults, caregivers, and individuals living with disabilities easily find support across San Benito County.

Inside, you’ll find information on:

- Caregiver resources
- Community centers
- Mental health support
- Food & nutrition programs
- Housing & legal services

- Transportation options
- Equipment & rentals
- Volunteer opportunities
- And much more

This directory is an essential tool for families, caregivers, and service providers. [Please feel free to download and share.](#)

AGING & DISABILITY RESOURCE DIRECTORY

San Benito County

2024



Published By

Aging & Disability Resource Connection (ADRC)
 440 San Benito Street (Epicenter), Hollister, CA 95023
 Toll-Free: (888) 637-6757
 Email: info@SanBenitoADRC.org
 Website: www.SanBenitoADRC.org

A Program of Area Agency on Aging
Seniors Council of Santa Cruz & San Benito Counties
 234 Santa Cruz Ave, Aptos, CA 95003
 Main: (831) 688-0400
 Website: www.seniorscouncil.org

Revised 8/26/2024

Partnerships:



Del Mar Caregiver Resource Center
 A Program of Health Projects Center



**CENTRAL COAST
 CENTER FOR
 INDEPENDENT LIVING**



San Benito County Senior Services

EFFECTIVE JULY 1, 2025



SENIOR ASSISTANCE

(888) 637-6757

Aging & Disability Resource
Connection of San Benito County



SENIOR MEALS

(669) 437-0865

Martha's Kitchen



TRANSPORTATION SERVICES

(831)-226-1882

San Benito County
Local Transportation Authority



Do you know what a donor-advised fund can do for you? Do you know what it can do for your community?
Click [HERE](#) to learn more

what is a...

DONOR-ADVISED FUND?



A donor-advised fund (DAF) is a **charitable investment account** that allows individuals to contribute money to **support charities** while **receiving tax benefits**:

- A donor contributes cash, stocks, real estate, or other assets to a sponsoring organization, such as the **Community Foundation for San Benito County**.
- The donor receives a tax receipt and deduction for their contribution. The Community Foundation manages the funds, which **grow tax-free**. The donor retains **advisory privileges** over the funds, including the investment strategy and how they are distributed to charities.

Aging Resource Guides

from The California Department of Aging

The "Aging in California: Your Connection to Resources" guide includes a directory of resources and contact information for services available across the state. "The Emergency Preparedness Guide" is specifically designed to help older adults and people with disabilities prepare for emergencies to ensure they stay safe before, during, and after disasters and other emergency events.

[California Department of Aging Resource Portal](#)


Aging in **California**
Your Connection to Resources




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EMERGENCY PREPAREDNESS GUIDE







A Guide for Older Adults, Individuals with Disabilities, and People with Access and Functional Needs



Stay Connected!



Get In Touch

-  **Phone: 831-975-2596 ext 204**
-  **Address: 440 San Benito Street, Hollister, CA 95023**
-  **Email: Coreys@seniorscouncil.org**
-  **Website: www.seniorscouncil.org**

You can make a difference by making a [donation!](#)

The Seniors Council of Santa Cruz and San Benito Counties is a community-based non-profit, tax exempt 501(c)(3) organization. Our mission is funded through a combination of federal, state, and private sources. We appreciate any support that you feel comfortable giving.



Seniors Council Santa Cruz & San Benito Counties | 440 San Benito Street | Hollister, CA 95023 US

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