

The *San Benito Seniors Connect* newsletter is an initiative of the Seniors Council of Santa Cruz and San Benito Counties, made possible by federal, state, and local funding, including private grants and donations.



In collaboration with the Community Foundation for San Benito County, this newsletter supports programs and services that enrich the lives of our seniors. Together, we're building a stronger, more connected community.



Your Monthly News & Updates

San Benito County Seniors Connect Newsletter

Spring Into Connection

Tax Help • March Events • Volunteer Opportunities

Supporting older adults and community connection in San Benito County

As March arrives, it brings opportunities to get organized, stay connected, and get involved. This month highlights free tax preparation resources, local events happening throughout March, and meaningful ways to give back through volunteer opportunities across San Benito County.

Whether you're looking for tax assistance, something fun to attend, or a way to stay active and engaged in your community, we hope you'll find something helpful this month.



Free Tax Preparation

Free tax prep services support is available this tax season for qualifying individuals.



March Community Events

From local gatherings to seasonal celebrations, there's something for everyone this month.



Volunteer Opportunities

Explore new volunteer opportunities and ways to get involved across San Benito County.

Find support. Stay connected. Get involved.

Learn more at SBCVolunteers.org

This Month's Volunteer SPOTLIGHT:



MAKE A DIFFERENCE VOLUNTEER TODAY!

Give Back and Stay Connected.

Volunteering offers a fulfilling way to stay engaged, connect with your community, and give back. It can boost mental and physical well-being by providing a sense of purpose and fostering new social connections.

Whether you're passionate about helping seniors or you're a senior yourself, there are countless ways to get involved!



FIND VOLUNTEER



OPPORTUNITIES



- CAREGIVING SUPPORT
- COMPANIONSHIP AND SOCIAL EVENTS
- TRANSPORTATION ASSISTANCE
- AND SO MUCH MORE...

GET IN TOUCH

- ☎ Phone: 831-975-2596 ext 204
- ✉ Email: Coreys@sbcvolunteers.org
- 🌐 Website: www.sbcvolunteers.org



VOLUNTEER OPPORTUNITY

Want to make a difference and get paid? Become a Poll Worker Volunteer. We're recruiting poll workers ages 16+ for the June 2, 2026 Primary Election.

Work dates: May 30–June 2

Paid training: May 2

Learn how elections work, support your community, and help ensure safe & fair voting.

\$225 stipend for all 4 workdays + training!

Sign up today and be part of democracy in action!



**SIGN UP
NOW**

BECOME A POLL WORKER VOLUNTEER

Working Days:

May 30 - June 2, 2026 + Training Day on May 2nd!

Visit:

1601 Lana Way Hollister
www.sanbenitocounty-ca-cre.gov
831-636-4016



**Together, we're making a difference across Santa Cruz &
San Benito Counties —
thank you for helping us keep seniors supported,
connected, and thriving.**

♥ SUPPORT SENIORS IN SAN BENITO COUNTY

**BE THE DIFFERENCE
VOLUNTEER TODAY!**

MAKE A DIFFERENCE IN YOUR COMMUNITY BY VOLUNTEERING YOUR TIME AND SKILLS.

OPPORTUNITIES INCLUDE: ADVOCACY, MEALS DELIVERY, COMPANIONSHIP, CAREGIVER SUPPORT, AND MORE.

FLEXIBLE HOURS, MEANINGFUL IMPACT.

 **BECOME A VOLUNTEER HERE**
www.sbcvolunteers.org



**SAN BENITO
CONNECT**
NEIGHBOR TO NEIGHBOR
VOLUNTEER NETWORK

**YOUR DONATION =
MEALS, CARE & COMMUNITY**

HELP PROVIDE TRANSPORTATION, MEALS AND SO MUCH MORE....

KEEP OUR PROGRAMS ALIVE FOR THE SENIORS WHO NEED THEM MOST.

MAKE A DONATION HERE





(831) 975-2596 ext. 204 – SENIORSCOUNCIL.ORG



Every day, the Seniors Council changes lives — from providing free tax help that puts money back in local wallets, to connecting isolated seniors with caring companions, to placing Foster Grandparents in classrooms to mentor our youngest learners.

These programs are the heart of our community. They help older adults stay active, valued, and connected — while giving children, families, and caregivers the support they need.

Unfortunately, some of these programs are now at risk due to funding cuts. 💔

If you believe in the power of community and neighbor-to-neighbor connection, you can help:

♥ Donate (click [HERE](#)) — Your support keeps meals delivered, companions visiting, and mentors in classrooms.

♥ Volunteer (click [HERE](#)) — Be the difference! Opportunities include meal delivery, companionship, caregiver support, and more.

Together, we can keep these programs alive for the seniors and families who need them most.

Did You Know?

When Daylight Saving Time begins, it's common to feel a little tired for a few days — going to bed earlier and getting morning sunlight can help your body adjust.






Daylight Savings Time begins Sunday, March 8 - don't forget to move your clocks forward one hour.


Since releasing the San Benito County Master Plan for Aging Playbook, community partners have already begun putting ideas into action! From supporting caregivers to exploring new housing solutions, local efforts are shaping an age-friendly future one step at a time.

San Benito County Master Plan for Aging Local Playbook 2024-2025



Pinnacles National Park in Paicines, San Benito County, California

-  Housing for All Ages & Stages
-  Health Reimagined
-  Inclusion & Equity, Not Isolation
-  Caregiving That Works
-  Affording Aging

 Keep an eye out as we highlight progress from each goal area in the months ahead.

[Read the full playbook **CLICK HERE**](#)



Prepared by the Seniors Council of Santa Cruz & San Benito Counties and the Community Foundation for San Benito County.



Master Plan for Aging – State Update


California has released the Fifth Annual Master Plan for Aging Report, highlighting progress across housing, health, caregiving, inclusion & equity, and affording aging. This statewide update aligns with the ongoing San Benito County Master Plan for Aging efforts.

 [Click **HERE** to Read more!](#)

Upcoming Events and Classes SENIOR Focused

Need help with your phone, tablet, or laptop?

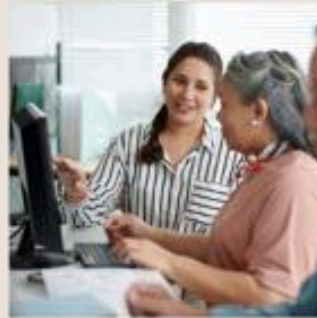
Tech Help **Tuesdays** are back at the San Benito County Free Library! This free, drop-in program offers hands-on guidance from volunteers—just bring your device and your questions.

See the flyer for dates, times, and details 

Tech Help Tuesdays

AT THE LIBRARY

Got tech questions? We've got answers! The San Benito County Free Library and the Friends of the SBC County Free Library have partnered to offer Tech Help Tuesdays, a free, drop-in clinic for hands-on help with phones, tablets, and laptops.



Please bring your device and questions. Volunteers are available to guide you with learning more about your cell phone, tablet or laptop. Guidance only - no device repairs provided.

QUESTIONS? PLEASE CALL THE
LIBRARY AT (831) 636-4107

Dates

- Tuesday, January 20, 2026
- Tuesday, February 17, 2026
- Tuesday, March 17, 2026
- Tuesday, April 21, 2026

10:30AM - 12:00PM



470 FIFTH STREET
HOLLISTER, CA 95023

Looking for something fun and meaningful to do on **Wednesdays**?

Join us at the Mary Velasco Sellen Senior Center
for activities, music, bingo, and a hot lunch at noon.

All seniors welcome — donations accepted.

58 Monterey St., San Juan Bautista
(831) 262-3484



Join us at 58 Monterey St. San Juan Bautista

Every Wednesday and experience the connections happening!

Call for lunch reservations: (831) 262-3484

STAY IN TOUCH FOR IMPORTANT RESOURCE INFORMATION:

- **ALZHEIMERS SUPPORT**
- **FAMILY CAREGIVER SUPPORT**
- **FREE SMOKE PROTECTORS THROUGH RED CROSS**
- **HEALTH CARE CLINICS**
- **PROTECT YOURSELF FROM SCAMS**
- **SPECIAL HOLIDAY EVENTS**
- **TECHNICAL SUPPORT**
- **WEEKLY PRESENTATIONS**

BECOME A MEMBER

Call Mary Edge (831) 262-3484

WE OFFER
CHAIR YOGA
WITH OUR
TRAINER
Connie Bishop
AT 11 AM &
Tuesdays at 10
San Jose St at
10 AM

**TASTE OUR
DELICIOUS
HOT
LUNCHESES
SERVED AT 12
NOON EVERY
WEDNESDAY
DONATIONS
ACCEPTED**

BINGO WITH
FUN PRIZES
12:30-1:30

MUSIC BY
Rudy Salcedo

ALL SENIORS
WELCOME AND NO
ONE GOES AWAY
HUNGRY!

JOIN US IN JANUARY, FEBRUARY, AND MARCH ONLINE EDUCATION PROGRAMS

Presented by the Alzheimer's Association®

ENGLISH CLASSES

Building Foundations of Caregiving

Thursday, January 15, 10-11 a.m.

10 Warning Signs of Alzheimer's

Tuesday, January 20, 10-11 a.m.

Responding to Dementia-Related Behaviors

Thursday, January 29, 2-3 p.m.

Understanding Alzheimer's and Dementia

Tuesday, February 3, 10-11 a.m.

Communicating Effectively

Thursday, February 12, 10-11 a.m.

Supporting Independence

Tuesday, February 17, 2-3 p.m.

Navigating Dementia- From Diagnosis to Living Well

Tuesday, February 24, 10-11 a.m.

Healthy Living for Your Brain and Body

Thursday, March 5, 2-3 p.m.

Exploring Care and Support Services

Thursday, March 12, 10-11 a.m.

Managing Money: A Caregiver's Guide to Finances

Wednesday, March 25, Noon-1 p.m.

SPANISH

Understanding Alzheimer's and Dementia

Tuesday, January 20, 6:30-7:30 p.m.

Building Foundations of Caregiving

Tuesday, February 17, 6:30-7:30 p.m.

Supporting Independence

Tuesday, March 17, 6:30-7:30 p.m.



To register, please call 800.272.3900 or visit us online at [alz.org/crf](https://www.alz.org/crf)

For on-demand recorded classes, visit [alz.org/education](https://www.alz.org/education)

ALZHEIMER'S  ASSOCIATION®

JOIN US IN JANUARY, FEBRUARY AND MARCH

EDUCATION CLASSES

For families, community members and people facing dementia

The Alzheimer's Association® offers a range of awareness and caregiver skill-building classes. The classes aim to help caregivers feel more prepared to handle the challenges that come with caring for someone living with dementia.

IMPACT OF ALZHEIMER'S AND DEMENTIA IN OUR COMMUNITY

This engaging presentation offers a concise overview of Alzheimer's disease and dementia, highlighting the latest treatment advances, practical brain health tips, and ways to get involved in the fight against the disease.

SUPPORTING BRAIN HEALTH IN OUR COMMUNITY

Everyone deserves a life with the healthiest brain possible, and we can all take action to protect our brain health. This presentation shares important information about brain-healthy actions we should all build into our routines to benefit our brains.

HEALTHY LIVING FOR YOUR BRAIN AND BODY

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands on tools to help you incorporate these recommendations into a plan for healthy aging.

10 WARNING SIGNS OF ALZHEIMER'S

This education program will help you recognize common signs of the disease in yourself and others and next steps to take, including how to talk to your doctor.

UNDERSTANDING ALZHEIMER'S AND DEMENTIA

Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, research and FDA-approved treatments.

MANAGING MONEY: A CAREGIVER'S GUIDE TO FINANCES

If you or someone you know is facing Alzheimer's disease, dementia or another chronic illness, it's never too early to put financial plans in place. Join us to learn tips for managing someone else's finances, how to prepare for future care costs and the benefits of early planning.

NAVIGATING DEMENTIA-FROM DIAGNOSIS TO LIVING WELL

Getting a diagnosis of Alzheimer's or any type of dementia can raise many questions. Join us to learn about the different stages of the disease, what support you'll need, how to cope with changes now and in the future, and if there are any treatments that could help. Hear from people living with dementia and experienced professionals as they share what's important to know, how to plan ahead, and what steps you can take to manage this journey.

ADVANCING THE SCIENCE: THE LATEST IN ALZHEIMER'S AND DEMENTIA RESEARCH

Alzheimer's is a global health problem with more than 7 million people living with the disease in the US alone. Tremendous gains have been made in the understanding of the science and basic biology underlying Alzheimer's and other dementias. These advances are leading to great strides in strategies for prevention, detection, diagnostics, and therapeutic interventions.

The Empowered Caregiver classes teach caregivers how to navigate the responsibilities of caring for someone living with dementia.

BUILDING FOUNDATIONS OF CAREGIVING

Explores the role of caregiver and changes they may experience, building a support team and managing caregiver stress.

SUPPORTING INDEPENDENCE

Focuses on helping the person living with dementia take part in daily activities, providing the right amount of support and balancing safety and independence while managing expectations.

COMMUNICATING EFFECTIVELY

Teaches how dementia affects communication, including tips for communicating well with family, friends and health care professionals.

RESPONDING TO DEMENTIA-RELATED BEHAVIORS

Details common behavior changes and how they are a form of communication, non-medical approaches to behaviors and recognizing when additional help is needed.

EXPLORING CARE AND SUPPORT SERVICES

Examines how best to prepare for future care decisions and changes, including respite care, residential care and end-of life care.

To register, please call 800.272.3900 or visit us online at alz.org/crf

For on-demand recorded classes, visit alz.org/education

ALZHEIMER'S  ASSOCIATION®

The Del Mar Caregiver Resource Center and Health Projects Center invite caregivers to attend monthly workshops at the Community Foundation Epicenter in Hollister. Each session offers valuable education, resources, and encouragement for those caring for loved ones.

2026 SCHEDULE

In Person Caregiver Education and Caregiver Support Group

For caregivers seeking support, resources, and
knowledge to enhance the care of their loved one.

JOIN US! 1:30PM TO 3:00PM

Community Foundation of San Benito County -Epicenter
440 San Benito St, Hollister, CA

JANUARY 28	Seven Guidelines for the Caregiver Journey
FEBRUARY 25	Understanding Dementia
MARCH 25	How Caregiving Affects You
APRIL 22	Caring for You
MAY 27	6 R,s of Behavior Management
JUNE 24	Stress, Coping and Resiliency
JULY 22	Communication with Your Loved One
AUGUST 26	Ambiguous Loss and Grief
SEPTEMBER 23	The Myth of Closure
OCTOBER 28	Safety In the Home
NOVEMBER 18	Rituals Celebrations and Gatherings
DECEMBER	No Meeting

For more information:

Please call (800) 624-8304

Facilitated by Health Projects Center-Del Mar CRC

Stay Active and Engaged

Don't miss out on the latest activities! From wellness classes to educational seminars, there's something for everyone. Join us to connect, learn, and stay active in the community!

🌟 Looking for a relaxing and creative way to connect?

Join the Adult Knitting & Crochet Group at the San Benito County Free Library! 🧶💬
Whether you're brand new or a seasoned crafter, come share ideas, meet new friends, and
enjoy some creative time together. 🧵👩🏻‍🔧



ADULT KNITTING & CROCHET

EVERY TUESDAY

11 AM-1:00 PM

(BARBARA ROOM)

EVERY FRIDAY

11 AM-1:00 PM

(BARBARA ROOM)

**Drop-ins
Welcome**



**470 Fifth Street,
Hollister, CA 95023**

(831) 636-4107

[Chair Yoga](#)

[San Benito County Free Library](#)

470 Fifth Street, Hollister

For more information, visit us at www.sbcfl.org or call (831) 636-4107. Relaxing and rejuvenating Chair Yoga session designed especially for senior citizens! Whether you're looking to improve flexibility, reduce stress, or simply enjoy a peaceful hour, this program is perfect for you.



Gentle



CHAIR YOGA

Instructor:
Alice Riordan

THURSDAYS 11:30-12:30



Palette & Pour Studio is seeking donations of sewing and fiber arts supplies to support their community classes 🧵🧶🧵🧶

DESPERATELY SEEKING...

(a crafty cry for help)



Our studio is in desperate need of crafty companions!

If you have any of the following feeling lonely in a cupboard, drawer, or garage...




we would **LOVE** to give them a new purpose.

= **WANTED** (Alive & Well): =

-  Yarn (all colors, partial skeins welcome!)
-  Knitting needles & crochet hooks
-  Sewing machines (working or gently used)
-  Scissors, pins, rulers, bobbins & notions
-  Fabric scraps, patterns & accessories
-  Anything fiber-arts related in need of a second life!




= **WHY WE'RE ASKING:** =

-  Run free & low-cost community classes
-  Support recovery & wellbeing through fiber arts.
-  Get kids, teens & adults creating (instead of scrolling 😊)



DROP-OFF DETAILS: =

 **Palette & Pour Studio**
650 San Benito St, Suite 150
Hollister, CA 95023

 Call or Text: 669-256-8161



* Every donation makes a stitch of difference. *

— No yarn left behind. —

Upcoming Events

Events Happening in the Community

Crab Feed Dinner
Portuguese Hall

695 7th St, Hollister, CA

Saturday, March 14th 2026 @7pm

Tickets: Available by emailing sdeshollister@gmail.com

Crab Cioppino Night at **SDES Hollister Hall**



Saturday, March 14
7:00 PM

Dinner • Dancing
Raffle & FUN!



\$85

per person



Email sdeshollister@gmail.com for tickets & info

If the event title is highlighted, you can click on it for more information

- 3/01/26 - [Ranch Days/Hikes on Nyland & Rancho Larios Protected Lands in San Juan Bautista, 9AM-12PM](#)
- 3/03/26 - [Food Truck Tuesday, 4PM-7PM, Downtown Hollister](#)
- 3/05/26 - [Thriller Book Club, 6PM-7PM, Hill's Bookstore, 650 San Benito Street, Hollister](#)

- 3/05/26 - [Adult Spring Softball Registration Deadline](#). Click here to email for more information
- 3/06/26 - [First Friday Night Market @Vertigo San Juan Bautista, 5PM-9PM. Artists/Vendors, Vinyl DJ, 4PM-8PM. Hapa Bros Food Truck](#)
- 03/07/26 - [Volunteer Workday - Hollister Hill SVRA, 10AM-12PM call 831-638-2065 for more info](#)
- 3/08/26 - Daylight Saving time - Move clocks forward 🕒
- 3/13/26 - [National Cocktail Day & Live Country Music Night 🎵](#)
- 3/14/26 - [Crab Feed Dinner, 7PM, Portuguese Hall, 695 7th Street, Hollister](#)
- 3/14/26 - [Casino Trip To Table Mountain, Event by Jovenes De Antano Seniors Center](#)
- 3/14/26 - [Friends of the SBC Library Monthly Used Book Sale, 9AM-11:30AM. Behind the SBC Library](#)
- 3/14/26 - [Damm Vineyards, St.Patrick's Day Party, 12PM-4PM, 3028 Cienega Rd, Hollister](#)
- 3/20/26 - First Day of Spring 🌸 🌺 🌻
- 3/21/26 - [Ranch Dance, 4PM-10PM, Bolado Park, Tres Pinos](#)
- 3/26/26 - [Boozy Bees Book Club, 7PM-8:30PM, The GardenShoppe, 364 7th Street, Hollister](#)
- 3/28/26 - [San Juan Bautista Arts & Crafts Festival, San Juan Bautista, 10AM-6PM](#)
- 3/29/26 - [San Juan Bautista Arts & Crafts Festival, San Juan Bautista, 10AM-5PM](#)
- 3/28/26 - [Cowboy Fur Ball, Pet Friends, 5PM - 9PM, Ridgemark Lounge, 3800 Airline Hwy, Hollister](#)

Every Week -

Wednesdays

- Mary Velasco Sellen Senior Center Lunch, Chair Yoga & Bingo 11:00 AM chair yoga, followed by lunch and bingo, San Juan Bautista VFW for more info contact Mary Edge 831-262-3484 maryedge@sbcglobal.net

Thursdays

- Trivia Night with Miguel Silva @ Vertigo 6:30 PM - 8:30 PM
- [Vinyl Night at Vertigo, 81 Fourth Street, San Juan Bautista, 6PM-9PM](#)

Monday - Friday

- [Martha's Kitchen, 9AM - 4PM Pauline Valdivia Memorial Community Center, 300 West Street, Hollister](#)

Community Event Calendars (click links below) -

- [Mission Village Voice](#)
- [Benito Link](#)
- [San Benito County Chamber of Commerce](#)
- [Hollister Downtown Association](#)
- [San Benito County Arts Council](#)
- [San Benito County Business Council](#)
- [YMCA of San Benito County](#)
- [Rotary Club of Hollister, CA](#)
- [Rotary Club of San Juan Bautista](#)
- [HappeningNext](#)
- [San Benito Home of the FreeLance](#)
- [County of San Benito](#)
- [The City of Hollister](#)
- [City of San Juan Bautista](#)
- [Aromas Community Grange](#)
- [California Aging & Disability Resource Connection of San Benito County](#)
- [Jovenes De Antano Senior Center](#)

Health and Wellness Tips

Tips for Staying Healthy and Happy

Stay vibrant and healthy! Explore our wellness tips each month for simple ways to boost your well-being.



***March is National
Nutrition Month***

Good nutrition plays an important role in staying healthy and energized as we age. Making small choices—like enjoying balanced meals, staying hydrated, and choosing nourishing foods—can support overall well-being and help us feel our best every day.

YOUR VOICE MATTERS!

Hazel Hawkins Memorial Hospital is inviting community members to take part in their 2026 Community Health Needs Assessment Survey.

Your feedback helps guide future health programs and services here at HHMH.

The survey is: Confidential

Open to everyone

Takes just a few minutes

Scan the QR code or click [HERE](#) for web link



YOUR VOICE MATTERS!

Share your feedback in our
**2026 Community Health
Needs Assessment Survey**



TAKE THE SURVEY

<https://forms.gle/reNmBAsHG2>

- ✓ Confidential
- ✓ Open to everyone
- ✓ Takes just a few minutes

Help Shape the Future of Health Care in Our Community!

911 Sunset Drive • Hollister • (831) 637-5711
www.hazelhawkins.com

Weekly FREE Vaccination Clinic
Wednesdays & Thursday
[San Benito Health Services](#)

Click [HERE](#) to schedule appointments
Walk-ins welcomed - 351 Tres Pinos Rd, Suite B, Hollister, CA 95023

**SAN BENITO COUNTY
PUBLIC HEALTH
FREE
FLU VACCINATION CLINIC**

**WEDNESDAYS & THURSDAYS
10:00 A.M. - 12:00 P.M.
2:00 P.M. - 4:00 P.M.**

Suite B

Schedule appointments at myturn.ca.gov
Walk-ins welcomed!

Located at: San Benito County Public Health Services
351 Tres Pinos Rd Suite B,
Hollister, CA 95023

(831) 637-5367



**CLINICA
GRATUITA
DE VACUNACIÓN CONTRA LA
GRIPE
SALUD PÚBLICA DEL CONDADO
DE SAN BENITO**

**MIÉRCOLES Y JUEVES
10:00 A. M. - 12:00 P. M.
2:00 P. M. - 4:00 P. M.**

Suite B

Programa citas en myturn.ca.gov
¡Se aceptan visitas sin cita!

ubicado en: Servicios de Salud Pública del Condado de
San Benito
351 Tres Pinos Rd Suite B,
Hollister, CA 95023

(831) 637-5367



Need Help Understanding Medicare? HICAP is Here for YOU!



SHIP

State Health Insurance
Assistance Program

Senior Network Services

**Health Insurance Counseling and Advocacy Program
(HICAP)**

Health Insurance Counseling and Advocacy Program (HICAP) provides unbiased Medicare information to Medicare beneficiaries and their families. HICAP does not receive income from the insurance industry. HICAP provides community Medicare education presentations as well as one-on-one counseling to help people understand Medicare and their options.

HICAP is a program of Senior Network Services, a local nonprofit agency headquartered in Soquel. Our local HICAP provides services in San Benito as well as Santa Cruz Counties.

For Appointments call 831-462-5510

Day	Time	Location
Wednesdays,	930am – 1pm	300 West Street, Hollister, 95023
Fridays,	930am – 1pm	301 The Alameda #5B, San Juan Bautista

HICAP is currently accepting Volunteer Counselor Application. Contact Bill at 831-462-5510

This project was supported, in part by grant number 90SAPG0052-03-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

SHIP (800) 434-0222

Community Partner Updates

Community Partner Highlights

Discover the latest from our partners and see how we're all working together to support and uplift seniors in our community.



Public Hearing on Unmet Transit Needs

Thursday, March 19, 2026 | 4:00 PM

Board of Supervisors Chambers, 481 4th Street, Hollister

Share your feedback on transportation services in our community.

See flyer below for details and survey information.

Public Hearing on Unmet Transit Needs

Audiencia Pública sobre las Necesidades de Transporte No Satisfechas



SBCOG Board Meeting | Reunión de la Junta Directiva de SBCOG
Thursday, March 19, 2026 | jueves, 19 de marzo de 2026 | 4 PM
Board of Supervisors Chambers | Sala de Sesiones de la Junta de Supervisores
481 4th Street Hollister, CA 95023

For Zoom meeting details visit: sanbenitocog.org.

Para obtener los detalles de la reunión por Zoom, visita: sanbenitocog.org

What is an Unmet Transit Need?

Each year, the Council of San Benito County Governments works with the public to identify any transit (bus) needs that are not currently being met by County Express or Specialized Transportation.

We are accepting comments through March 19, 2026.

¿Qué es una Necesidad de Transporte No Satisfecha?

Cada año, el Consejo de Gobiernos trabaja con el público para identificar necesidades de tránsito que actualmente no está siendo atendida por County Express o Specialized Transportation.

Estamos aceptando comentarios hasta el 19 de marzo de 2026.

TAKE OUR SURVEY

Scan the QR code or get a copy from your bus driver

English



PARTICIPA EN NUESTRA ENCUESTA

Escanee el código QR u obtenga una copia de su conductor de autobús

español



Written comments can be emailed to Samuel Borick, Transportation Planner

Comentarios escritos pueden enviarse por correo electrónico a Samuel Borick, Planificador de Transporte

sborick@sanbenitocog.org

SanBenitoCOG.org

Project Scout (Senior Citizen OUTreach)
FREE Tax Prep
By appointment only
Call (831)724-2606 or click [HERE](#) to email



Project Scout FREE TAX PREP

By appointment only

OUR SERVICE

Free tax assistance for those with reportable income of \$67,000 or less; simple tax returns only. To schedule an appointment with one of our tax prep volunteers, call 831-724-2606 or email projectscout@seniorscouncil.org. Please leave a message with your full name, phone number, age, city or town where you live, and what forms or sources of income you need to report in your taxes. You will be contacted for an appointment.

**We will not prepare married filing separate, rental income, net losses, expenses of \$35,000 or more, some K-1s with other income, deductions, and credits, plus others.

DIY SERVICE

Facilitated Self-Assistance Option. Do your taxes for free by using our free link: www.tinyurl.com/SCOUTFSA



REQUIREMENTS

The Following are mandatory for your Tax Preparation Appointment:

- ✓ Intake Sheet (provided by Project SCOUT) to make sure nothing is missed with your taxes
- ✓ Social Security Card, 1099-SSA (if receiving Social Security Income), or ITIN (if no social security number) provided by IRS
- ✓ Valid picture ID, such as driver's license or passport
- ✓ Most recently completed tax return
- ✓ W-2 forms that report employment income
- ✓ 1099 forms reporting other sources of income
- ✓ Detailed itemized self-employment expenses for the year for those self-employed
- ✓ Detailed itemized medical, taxes paid on property or big purchases, and donations (if itemizing on taxes)
- ✓ 1098 Payments or other contributions made
- ✓ Form 1095 A,B, or C reporting your health insurance coverage

Thank you to our partners & sponsors!



PROJECT SCOUT

A program of the Seniors Council of Santa Cruz and San Benito Counties

<https://seniorscouncil.org/project-scout>



CONTACT US

For appointment services:

Call: 831-724-2606

email: projectscout@seniorscouncil.org



Project Scout PREPARACIÓN DE IMPUESTOS GRATUITA

Solo con cita

NUESTRO SERVICIO

Asistencia fiscal gratuita para quienes tengan ingresos declarables de \$67,000 dólares o menos. Declaraciones de impuestos simples solamente. Para hacer una cita con nuestros voluntarios, llame al 831-724-2606 o envíe un correo electrónico a projectscout@seniorscouncil.org. Por favor deje un mensaje con su nombre, edad, número de teléfono y sus tipos de ingreso. Nos contactaremos con usted para programar una cita.

**No prepararemos declaraciones de casados por separado, ingresos por alquiler, pérdidas netas, costos de \$35,000 o más, algunos K-1 con otros ingresos, deducciones y créditos, mas otros.

AUTOSERVICIO DE IMPUESTOS

Opción autoasistida facilitada. Haga sus propios impuestos de forma gratuita en: www.tinyurl.com/SCOUTFSA



REQUISITOS

LOS SIGUIENTES DOCUMENTOS SON OBLIGATORIOS PARA SU NOMBRAMIENTO:

- ✓ Hoja de ingreso (proporcionada por el Proyecto SCOUT) para que sepamos lo que piensa declarar en sus impuestos
- ✓ Tarjeta de la Seguridad Social, 1099-SSA (si recibe ingresos de la Seguridad Social), o ITIN (si no tiene Tarjeta de la Seguridad Social) proporcionado por el IRS
- ✓ Identificación con su foto, como licencia de conducir o pasaporte
- ✓ Formularios W-2 que informan sobre ingresos laborales
- ✓ Declaración de impuestos más reciente
- ✓ Formularios 1099 reportando otras fuentes de ingresos
- ✓ Lista detallada de los gastos itemizados incurridos durante el año para los autoempleados
- ✓ Lista de gastos itemizados medicos, propiedad, impuestos en compras grandes y donaciones (para los que itemizan)
- ✓ Formulario 1098 Pagos u otras contribuciones realizadas.
- ✓ Formulario 1095-A, B o C que informa de su cobertura de seguro médico.

¡Gracias a nuestros patrocinadores y socios!



PROJECT
SCOUT

*Un programa del Consejo de Mayores de
los Condados de Santa Cruz y San Benito*

<https://seniorscouncil.org/project-scout>



CONTACTENOS

Para programar una cita:

Llamar: 831-724-2606

email: projectscout@seniorscouncil.org

The San Benito County Workforce Development Board, in partnership with EDD and Chase, is hosting a free Financial Literacy Workshop series.

The March workshop, **Help Avoid Fraud & Scams 101**, will be held on March 26, 2026, from 3:00–4:00 PM.



EDD Employment
Development
Department
State of California

In Partnership
With



FINANCIAL LITERACY WORKSHOPS

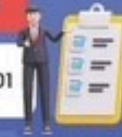
SCHEDULE

Jan 22nd 2026



**Money Skills 101:
Budgeting and Saving**

Feb 26th 2026



Credit Basics 101

March 26th 2026

**Help Avoid Fraud
& Scams 101**



SCAN ME!



3pm to 4pm

Let us help you take control of your finances and reduce stress!

»»»» TO ATTEND ««««

Please go to caljobs.ca.gov "Event Calendar" to register online For registration assistance please call 831-637-JOBS (5627)



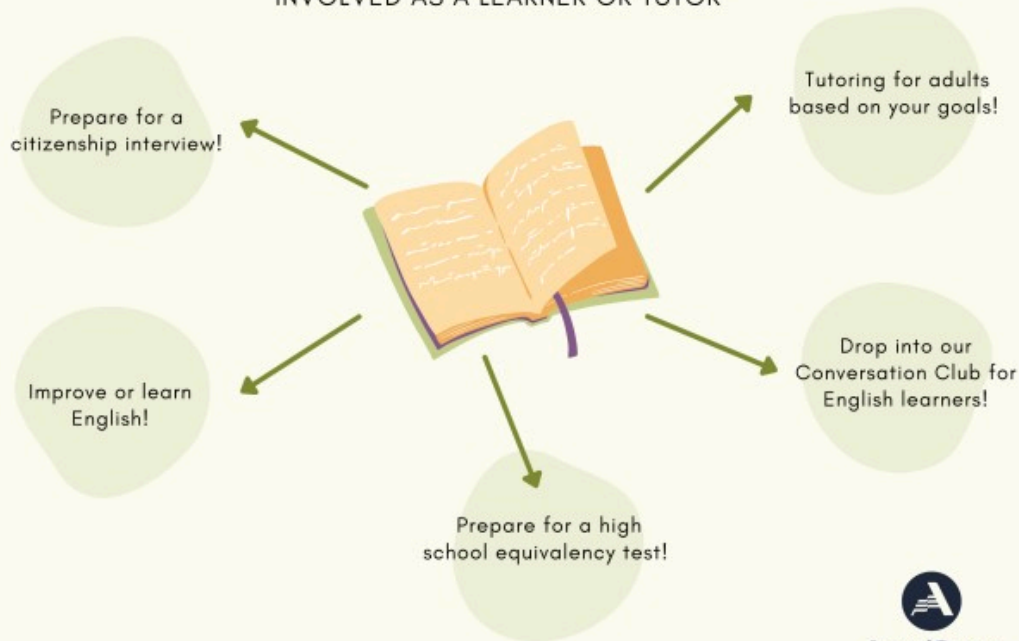
ADA / Equal Opportunity Employer / Program Auxiliary Aids and Services are available upon request to individuals with disabilities.
Some conditions may apply. For TTY access call: (831) 637-3265



Learning opens doors. The San Benito County Free Library Literacy Program offers free, supportive tutoring for adults looking to strengthen English skills, prepare for citizenship, or reach new educational goals.

San Benito County Free Library Literacy Program

STOP BY 470 5TH ST. OR CALL (831) 636-4107 TO GET
INVOLVED AS A LEARNER OR TUTOR



Learn more about our program at sbcfl.org



AmeriCorps



■ **Ageing & Disability Resource Directory – San Benito County**
Ageing & Disability Resource Directory created by the Ageing & Disability Resource Connection (ADRC) in partnership with the Seniors Council. This guide serves as a “No Wrong Door” resource to help older adults, caregivers, and individuals living with disabilities easily find support across San Benito County.

Inside, you’ll find information on:

- Caregiver resources
- Community centers
- Mental health support
- Food & nutrition programs
- Housing & legal services
- Transportation options
- Equipment & rentals
- Volunteer opportunities
- And much more

This directory is an essential tool for families, caregivers, and service providers. [Please feel free to download and share.](#)

AGING & DISABILITY RESOURCE DIRECTORY

San Benito County

2024



Published By

Aging & Disability Resource Connection (ADRC)
440 San Benito Street (Epicenter), Hollister, CA 95023
Toll-Free: (888) 637-6757
Email: info@SanBenitoADRC.org
Website: www.SanBenitoADRC.org

A Program of Area Agency on Aging
Seniors Council of Santa Cruz & San Benito Counties
234 Santa Cruz Ave, Aptos, CA 95003
Main: (831) 688-0400
Website: www.seniorscouncil.org

Revised 8/26/2024

Partnerships:



Del Mar Caregiver Resource Center
A Program of Health Projects Center



CENTRAL COAST CENTER FOR INDEPENDENT LIVING



San Benito County Senior Services

EFFECTIVE JULY 1, 2025



SENIOR ASSISTANCE

(888) 637-6757

Aging & Disability Resource
Connection of San Benito County



SENIOR MEALS

(669) 437-0865

Martha's Kitchen



TRANSPORTATION SERVICES

(831)-226-1882

San Benito County
Local Transportation Authority



Do you know what a donor-advised fund can do for you? Do you know what it can do for your community?
Click [HERE](#) to learn more

what is a...

DONOR-ADVISED FUND?



A donor-advised fund (DAF) is a **charitable investment account** that allows individuals to contribute money to **support charities** while **receiving tax benefits**:

- A donor contributes cash, stocks, real estate, or other assets to a sponsoring organization, such as the **Community Foundation for San Benito County**.
- The donor receives a tax receipt and deduction for their contribution. The Community Foundation manages the funds, which **grow tax-free**. The donor retains **advisory privileges** over the funds, including the investment strategy and how they are distributed to charities.

Aging Resource Guides

from The California Department of Aging

The "Aging in California: Your Connection to Resources" guide includes a directory of resources and contact information for services available across the state. "The Emergency Preparedness Guide" is specifically designed to help older adults and people with disabilities prepare for emergencies to ensure they stay safe before, during, and after disasters and other emergency events.

[California Department of Aging Resource Portal](#)


Aging in **California**
Your Connection to Resources




What's Inside

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4 Housing Options Explained	10 Caregiver Support is Available
5 Prepare for Emergencies	11 Start the Conversation
6 Protect Older Loved Ones from Abuse	12 California Resource Directory

EMERGENCY PREPAREDNESS GUIDE







A Guide for Older Adults, Individuals with Disabilities, and People with Access and Functional Needs



Stay Connected!



Get In Touch

-  **Phone: 831-975-2596 ext 204**
-  **Address: 440 San Benito Street, Hollister, CA 95023**
-  **Email: Coreys@seniorscouncil.org**
-  **Website: www.seniorscouncil.org**

You can make a difference by making a [donation!](#)

The Seniors Council of Santa Cruz and San Benito Counties is a community-based non-profit, tax exempt 501(c)(3) organization. Our mission is funded through a combination of federal, state, and private sources. We appreciate any support that you feel comfortable giving.



Seniors Council Santa Cruz & San Benito Counties | 440 San Benito Street | Hollister, CA 95023 US

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