

The *San Benito Seniors Connect* newsletter is an initiative of the Seniors Council of Santa Cruz and San Benito Counties, made possible by federal, state, and local funding, including private grants and donations.



In collaboration with the Community Foundation for San Benito County, this newsletter supports programs and services that enrich the lives of our seniors. Together, we're building a stronger, more connected community.



Your Monthly News & Updates

San Benito County Seniors Connect Newsletter

May INTO CONNECTION

Highlights • Events • Resources • Ways to Stay Engaged

May is Older Americans Month—a time to celebrate the contributions, strength, and wisdom of older adults.

This month, we're highlighting resources, programs, and opportunities to help you stay connected, safe, active, and supported across San Benito County.

Your time.
Your talents.
Our community.
Stronger together. ♥

THIS MONTH WE'RE FOCUSING ON:

<p>OLDER AMERICANS MONTH</p> <p>Celebrating older adults and the impact they make in our community.</p>	<p>UPCOMING EVENTS</p> <p>Workshops, classes, health fairs, and community events happening this month.</p>	<p>HEALTH & WELLNESS</p> <p>Tips, programs, and resources to support your well-being and stay active.</p>	<p>RESOURCES & SUPPORT</p> <p>Find help, connection, and services for every stage of life.</p>	<p>SAFETY & AWARENESS</p> <p>Important safety information and community awareness.</p>
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Stay healthy. ♥ Stay connected. ♥ Stay supported.

This Month's Volunteer SPOTLIGHT:

VOLUNTEER

Spotlight



CELEBRATING COMMUNITY IMPACT



Nicole

Community Volunteer
JMM Dance Co.

Nicole is a **proud mom of four** living in San Juan Bautista, where family and community are at the **heart of everything** she does.

She stays **actively involved** through local volunteer efforts and is a strong supporter of the San Juan School community.

With a background in **marketing** and **social media** advertising, Nicole uses her skills to **connect** people and **promote** meaningful ideas.

She also supports the San Juan School dance program through JMM Dance Co., helping **inspire** and **uplift** youth through the arts.

MAKING AN IMPACT BY:



Actively volunteering in local efforts



Supporting the San Juan School community



Using her marketing & social media skills to connect & inspire



Supporting the San Juan School dance program through JMM Dance Co.



Passionate about family, baking & spending time with loved ones

“ Being part of my community in any way I can is something I truly value.”



BECOME A VOLUNTEER.
MAKE A DIFFERENCE.



Give your time & talents



Strengthen our community



Create a brighter future

SAN BENITO
CONNECT
NEIGHBOR TO NEIGHBOR
VOLUNTEER NETWORK

Find opportunities that match your passions and schedule!

VISIT [SBCVOLUNTEERS.ORG](https://www.sbcvolunteers.org)



VOLUNTEER OPPORTUNITY Spotlight:



Volunteer OPPORTUNITIES

Make a difference. Inspire inclusion.

Together, we *move* our community forward.



JMM Dance Co. provides **inclusive, movement-based** programs that support social-emotional development, confidence, and community connection.



**BECOME A VOLUNTEER.
MAKE A DIFFERENCE.**

JOIN OUR TEAM!

We have a variety of volunteer opportunities to fit your skills, interests, and schedule.



ADMINISTRATIVE VOLUNTEER

Assist with data entry, communications, email correspondence, and behind-the-scenes operations.



KEEP OUR PROGRAMS RUNNING SMOOTHLY BEHIND THE SCENES!



OUTREACH VOLUNTEER

Engage with families at events, share resources, and support program sign-ups in the community.



HELP SPREAD THE WORD AND CONNECT MORE FAMILIES TO JMM!



CLASS ASSISTANT VOLUNTEER

Support instructors in delivering inclusive dance and SEL-based classes for dancers of all abilities.



MAKE AN IMPACT IN THE STUDIO AND HELP OUR DANCERS THRIVE!



COMMUNITY PROGRAMS COORDINATOR

Support scheduling, site coordination, and logistics for programs across multiple community locations.



HELP BRING INCLUSIVE PROGRAMS TO MORE PLACES & PEOPLE!



COMMUNITY COMMITTEE MEMBER (3 OPENINGS)

Help lead outreach, events, and community connection efforts in Hollister and beyond.



BE A LEADER IN BUILDING A STRONG, CONNECTED COMMUNITY!



FLEXIBLE OPPORTUNITIES

Work around your schedule and passions. Every hour makes a difference!



*Your time. Your talents.
Our community.
Stronger together.*

GET INVOLVED!



EMAIL US:
info@jmmdanceco.org
Share your interest and availability.

Learn more about us!



jmmdanceco.org



INCLUSIVE MOVEMENT ♥ SEL ♥ ADAPTIVE DANCE ♥ COMMUNITY



Did You Know?

May is Older Americans Month!

Communities across the country are celebrating older adults by promoting connection, health, and volunteerism-right here in San Benito County, we're

doing the same through programs like
[SBCVolunteers.org](https://www.sbcvolunteers.org).

 **Voting Reminder**


Early voting starts May 4 at the Elections Department, located at 1601 Lana Way. Hours are Monday through Friday, 9:00 AM to 5:00 PM, through May 22. Beginning May 23, the Elections Department will be open on weekends. Stop by to vote in person, drop off your vote-by-mail ballot, register to vote, request a replacement ballot, or get your questions answered.

BALLOT

Drop Box

LOCATIONS

- ★ **ELECTIONS DEPARTMENT**
1601 LANA WAY, HOLLISTER
- ★ **COMMUNITY FOOD BANK**
1133 SAN FELIPE RD, HOLLISTER
- ★ **RIDGEMARK OFFICE**
100 RIDGEMARK DR, HOLLISTER
- ★ **FIRE STATION #2**
2240 VALLEY VIEW RD, HOLLISTER




BALLOT

Drop Box

LOCATIONS

- ★ **WINDMILL SHOPPING CENTER**
301 THE ALAMEDA, SAN JUAN BAUTISTA
- ★ **AROMAS FIRE STATION**
492 CARPENTERIA RD, AROMAS
- ★ **SAN BENITO COUNTY LIBRARY (ALLEY)**
WINN ALLEY AT 5TH ST, HOLLISTER
- ★ **TRUE VALUE**
1270 SAN JUAN HOLLISTER RD



Ballot Drop Boxes



Open
May 4–June 2 at 8PM

ALL 8 LOCATIONS!



Want to learn what’s happening with programs and services that support older adults?

Join Senior Rally Day 2026, a virtual event bringing together advocates from across California to talk about issues that impact seniors—like healthcare, funding, and access to services.

Wednesday, May 6

Attend from home



Aging with Dignity — Funding What Matters

Wednesday, May 6, 2026
Virtual Rally

Registration Link
<https://seniorallyday.org/registration>

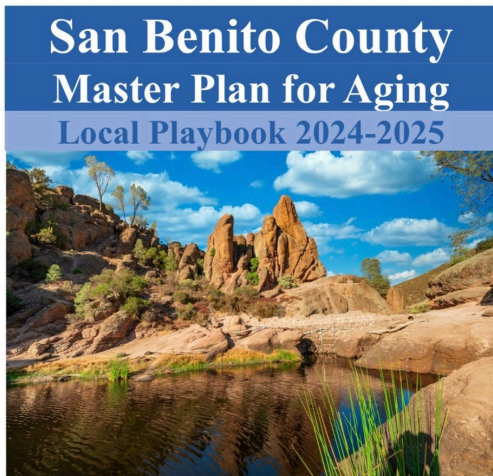
Join senior advocates from across California as we come together to elevate senior voices to protect essential programs and services.

Hear the following presentations:

- "Challenges Facing Older Californians", Susan DeMarois, Director, Ca Dept of Aging (CDA)
- "Calif State Budget Challenges", Scott Graves, Budget Director, Ca Budget and Policy Center
- "Older Adult Rural Health Challenges", Pauline D. Martinez, Manager, Betty Irene Moore School of Nursing, UC Davis

In this challenging fiscal climate, it is more important than ever to stand united and ensure funding and policy decisions reflect the needs, dignity, and contributions of older adults.

Be Present. Be Heard. Make an Impact.



Pinnacles National Park in Paicines, San Benito County, California

Since releasing the San Benito County Master Plan for Aging Playbook, community partners have already begun putting ideas into action! From supporting caregivers to exploring new housing solutions, local efforts are shaping an age-friendly future one step at a time.



Prepared by the Seniors Council of Santa Cruz & San Benito Counties and the Community Foundation for San Benito County.

- Housing for All Ages & Stages
- Health Reimagined
- Inclusion & Equity, Not Isolation
- Caregiving That Works
- Affording Aging

Keep an eye out as we

highlight progress from each goal area in the months ahead.


[Read the full playbook CLICK HERE](#)




California has released the Fifth Annual Master Plan for Aging Report, highlighting progress across housing, health, caregiving, inclusion & equity, and affording aging. This statewide update aligns with the ongoing San Benito County Master Plan for Aging efforts.


 [Click HERE to Read more!](#)

Upcoming Events and Classes SENIOR Focused

**Caregiving Doesn't Have
to Be Done Alone **
**Get the tools and support you
need at this upcoming workshop.**

 Join us at the Alliance on Aging Hub
236 Monterey St, Salinas, CA 93901

 **Tuesday**, May 12, 2026

 10:45 AM

 Call to register: 831-646-5050



EDUCATION WORKSHOP

STEPPING STONES FOR A SUCCESSFUL CAREGIVER JOURNEY



TUESDAY, MAY 12 2026

10:45AM

**ALLIANCE ON AGING HUB
236 MONTEREY ST, SALINAS, CA 93901**

PRESENTED BY

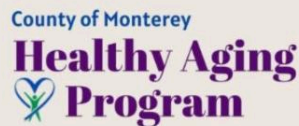


CHRISTINA ANDRADE
SENIOR FAMILY CONSULTANT
DEL MAR CAREGIVER
RESOURCE CENTER

Join Us!

**Gain essential tools,
strategies, and support
to navigate the
challenges and rewards
of caregiving with
confidence.**

**CALL
831-646-5050
TO REGISTER**



Looking for something fun and meaningful to do on **Wednesdays**?

Join us at the Mary Velasco Sellen Senior Center
for activities, music, bingo, and a hot lunch at noon.

All seniors welcome — donations accepted.

58 Monterey St., San Juan Bautista
(831) 262-3484



Join us at 58 Monterey St. San Juan Bautista

Every Wednesday and experience the connections happening!

Call for lunch reservations: (831) 262-3484

STAY IN TOUCH FOR IMPORTANT RESOURCE INFORMATION:

- **ALZHEIMERS SUPPORT**
- **FAMILY CAREGIVER SUPPORT**
- **FREE SMOKE PROTECTORS THROUGH RED CROSS**
- **HEALTH CARE CLINICS**
- **PROTECT YOURSELF FROM SCAMS**
- **SPECIAL HOLIDAY EVENTS**
- **TECHNICAL SUPPORT**
- **WEEKLY PRESENTATIONS**

BECOME A MEMBER

Call Mary Edge (831) 262-3484

WE OFFER
CHAIR YOGA
WITH OUR
TRAINER
Connie Bishop
AT 11 AM &
Tuesdays at 10
San Jose St at
10 AM

**TASTE OUR
DELICIOUS
HOT
LUNCHESES
SERVED AT 12
NOON EVERY
WEDNESDAY
DONATIONS
ACCEPTED**

BINGO WITH
FUN PRIZES
12:30-1:30

MUSIC BY
Rudy Salcedo

ALL SENIORS
WELCOME AND NO
ONE GOES AWAY
HUNGRY!

Upcoming Online Classes:

Alzheimer's & Dementia Education

Topics include early warning signs, caregiving basics, communication, and healthy brain habits.

To register click [HERE](#) or call (800)272-3900

For on-demand recorded classes, click [HERE](#)

JOIN US IN APRIL, MAY AND JUNE ONLINE EDUCATION PROGRAMS

Presented by the Alzheimer's Association®

ENGLISH CLASSES

10 Warning Signs of Alzheimer's

Thursday, April 2, 2-3 p.m. | [Register](#)

Supporting Independence

Thursday, April 16, 10-11 a.m. | [Register](#)

Building Foundations of Caregiving

Tuesday, April 21, 10-11 a.m. | [Register](#)

Understanding Alzheimer's and Dementia

Thursday, May 7, 2-3 p.m. | [Register](#)

Communicating Effectively

Tuesday, May 19, 10-11 a.m. | [Register](#)

Exploring Care and Support Services

Tuesday, May 26, 2-3 p.m. | [Register](#)

Building Brain-Healthy Habits

Thursday, June 4, 10-11 a.m. | [Register](#)

Responding to Dementia-Related Behaviors

Tuesday, June 16, 2-3 p.m. | [Register](#)

Navigating Dementia-From Diagnosis to Living Well

Tuesday, June 23, 10-11 a.m. | [Register](#)

SPANISH CLASSES

10 Warning Signs of Alzheimer's

Tuesday, April 21, 6:30-7:30 p.m. | [Register](#)

Communicating Effectively

Tuesday, May 19, 6:30-7:30 p.m. | [Register](#)

Responding to Dementia-Related Behaviors

Tuesday, June 16, 6:30-7:30 p.m. | [Register](#)



To register, please call 800.272.3900 or visit us online at alz.org/crf

For on-demand recorded classes, visit alz.org/education

ALZHEIMER'S  ASSOCIATION®

The Del Mar Caregiver Resource Center and Health Projects Center invite caregivers to attend monthly workshops at the Community Foundation Epicenter in Hollister. Each session offers valuable education, resources, and encouragement for those caring for loved ones.

2026 SCHEDULE

In Person Caregiver Education and Caregiver Support Group

For caregivers seeking support, resources, and
knowledge to enhance the care of their loved one.

JOIN US! 1:30PM TO 3:00PM

Community Foundation for San Benito County -Epicenter
440 San Benito St, Hollister, CA

JANUARY 28	Seven Guidelines for the Caregiver Journey
FEBRUARY 25	Understanding The Mini Mental Exam
MARCH 25	How Caregiving Affects You
APRIL 22	Caring for You
MAY 27	6 Rs of Behavior Management
JUNE 24	Stress, Coping and Resiliency
JULY 22	Communication with Your Loved One
AUGUST 26	Ambiguous Loss and Grief
SEPTEMBER 23	The Myth of Closure
OCTOBER 28	Safety In the Home
NOVEMBER 18	Rituals, Celebrations and Gatherings
DECEMBER	No Meeting

For more information:

Please call (800) 624-8304

Facilitated by Health Projects Center-Del Mar CRC

🌟 Looking for a relaxing and creative way to connect?

Join the Adult Knitting & Crochet Group at the San Benito County Free Library! 📖💬
Whether you're brand new or a seasoned crafter, come share ideas, meet new friends, and
enjoy some creative time together. 🧶👐



ADULT KNITTING & CROCHET

EVERY TUESDAY

11 AM-1:00 PM

(BARBARA ROOM)

EVERY FRIDAY

11 AM-1:00 PM

(BARBARA ROOM)

**Drop-ins
Welcome**



**470 Fifth Street,
Hollister, CA 95023**

(831) 636-4107

[Chair Yoga](#)

[San Benito County Free Library](#)

470 Fifth Street, Hollister

For more information, visit us at www.sbcfl.org or call (831) 636-4107. Relaxing and rejuvenating Chair Yoga session designed especially for senior citizens! Whether you're looking to improve flexibility, reduce stress, or simply enjoy a peaceful hour, this program is perfect for you.



CHAIR YOGA

Instructor:
Alice Riordan

THURSDAYS 11:30-12:30



Upcoming Events

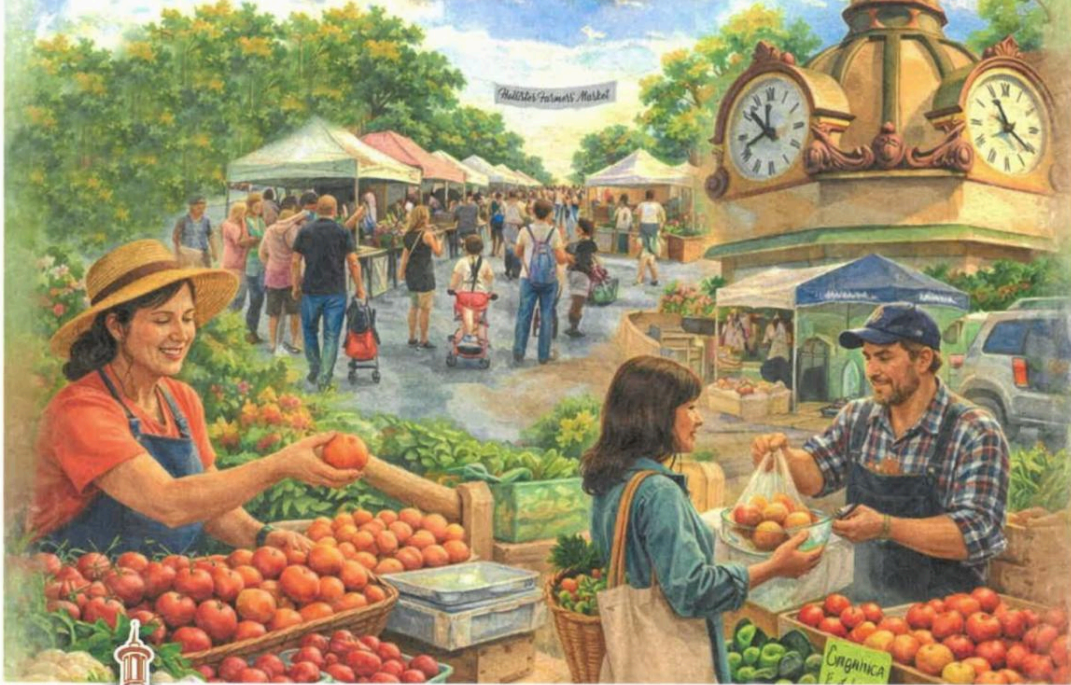
Events Happening in the Community



Meet me at the

HOLLISTER CERTIFIED

FARMERS' Market



**APRIL 15TH-OCTOBER 21ST
WEDNESDAYS 3PM - 7PM**



INFORMATION:

MARKET@DOWNTOWNHOLLISTER.ORG
DOWNTOWNHOLLISTER.ORG

If the event title is highlighted, you can click on it for more information

- 5/02/26 - [Downtown Wine & Beer Stroll 🍷🍺](#), 1PM-5PM, Downtown Hollister
- 5/02/26 - [2026 Free Comic Book Day!!!](#), 10AM - 8PM, Bill's Bullpen Baseball Cards & Comics, 207 4th Street, Hollister
- 5/02/26 - [Coffee ☕ and Cars 🚗](#), 8AM, Target Store, 1790 Airline Hwy, Hollister
- 5/02/26 - [Environmental Day](#), 9AM - 1PM, Brigantino Park, 2100 San Juan Hollister Road, Hollister
- 5/02/26 - [Living History Days](#), 11AM-4PM, San Juan Bautista Historic Park, San Juan Bautista
- 5/02/26 - [Hollister Comedy Night](#), 7:30 PM, The Brass Tap, 1701 Airline Highway, Hollister
- 5/03/26 - [San Antonio Ranch Discovery Hike](#), 9AM - 12PM
- 5/03/26 - [🎉Cinco De Mayo Weekend at the Grillin' & Chillin' Alehouse and Chicano All Star Band](#), 3PM - 6PM, 401 McCray Street, Hollister
- 5/04/26 - May the 4th be with you 🌌 (Star Wars Day!)
- 5/05/26 - Cinco de Mayo 🇲🇽
- 5/08/26 - [Mother's Day Hat Burning](#), 6PM-9PM, Palette and Pour, 650 San Benito Street, Hollister
- 5/08/26 - 05/10/26 - [San Juan Bautista Rib Cook Off](#), 10AM-5PM,
- 5/08/26 - 05/10/26 - [Carnival](#), Veterans' Memorial Park, 1023 Memorial Drive, Hollister
- 5/09/26 - [Friends of the Library Book Sale](#), 9AM-11:30AM, Hollister
- 5/10/26 - Mother's Day

- 5/10/26 - [Mother's Day Brunch, 10AM-3PM, Leal Vineyards, 300 Maranatha Dr, Hollister](#)
- 5/10/26 - [Mother's Day Brunch with a Live Band🎵, 11AM, The GardenShopppe, 364 7th Street, Hollister](#)
- 5/16/26 - [Open Studios Art Tour, 11AM, 35 5th St, Suite D, Hollister](#)
- 5/16/26 - [Grooves & Giggles Comedy Nite!, 6:30PM-9:30PM, Jamrock culinary arts center, 191 San Felipe Rd, Hollister](#)
- 5/16/26 - [La Dolce Vigna Italian Dinner, Calera Winery, 4PM-7PM, 11300 Cienega Rd, Hollister](#)
- 5/25/26 - Memorial Day
- 5/31/26 - [Nature Hike: Advice from Nature, 10AM - 11AM, Hollister Hills Mudstone Ranch](#)

Every Week -

Wednesdays

- Mary Velasco Sellen Senior Center Lunch, Chair Yoga & Bingo 11:00 AM chair yoga, followed by lunch and bingo, San Juan Bautista VFW for more info contact Mary Edge 831-262-3484 maryedge@sbcglobal.net
- [Hollister Certified Farmers' Market, 3PM-7PM, Downtown Hollister](#)

Thursdays

- Trivia Night with Miguel Silva @ Vertigo 6:30 PM - 8:30 PM
- [Vinyl Night at Vertigo, 81 Fourth Street, San Juan Bautista, 6PM-9PM](#)

Monday - Friday

- [Martha's Kitchen, 9AM - 4PM Pauline Valdivia Memorial Community Center, 300 West Street, Hollister](#)

Community Event Calendars (click links below) -

- [Mission Village Voice](#)
- [Benito Link](#)
- [San Benito County Chamber of Commerce](#)
- [Hollister Downtown Association](#)
- [San Benito County Arts Council](#)
- [San Benito County Business Council](#)
- [YMCA of San Benito County](#)
- [Rotary Club of Hollister, CA](#)
- [Rotary Club of San Juan Bautista](#)
- [HappeningNext](#)
- [San Benito Home of the FreeLance](#)
- [County of San Benito](#)
- [The City of Hollister](#)
- [City of San Juan Bautista](#)
- [Aromas Community Grange](#)
- [California Aging & Disability Resource Connection of San Benito County](#)
- [Jovenes De Antano Senior Center](#)

Health and Wellness Tips

Tips for Staying Healthy and Happy

Stay vibrant and healthy! Explore our wellness tips each month for simple ways to boost your well-being.



Weekly FREE Vaccination Clinic
Wednesdays & Thursday

[San Benito Health Services](#)

Click [HERE](#) to schedule appointments

Walk-ins welcomed - 351 Tres Pinos Rd, Suite B, Hollister, CA 95023

**SAN BENITO COUNTY
PUBLIC HEALTH
FREE
FLU VACCINATION CLINIC**

**WEDNESDAYS & THURSDAYS
10:00 A.M. - 12:00 P.M.
2:00 P.M. - 4:00 P.M.**

Suite B

Schedule appointments at myturn.ca.gov
Walk-ins welcomed!

Located at: San Benito County Public Health Services
351 Tres Pinos Rd Suite B,
Hollister, CA 95023

(831) 637-5367



**CLINICA
GRATUITA
DE VACUNACIÓN CONTRA LA
GRIPE
SALUD PÚBLICA DEL CONDADO
DE SAN BENITO**

**MIÉRCOLES Y JUEVES
10:00 A. M. - 12:00 P. M.
2:00 P. M. - 4:00 P. M.**

Suite B

Programa citas en myturn.ca.gov
¡Se aceptan visitas sin cita!

ubicado en: Servicios de Salud Pública del Condado de
San Benito
351 Tres Pinos Rd Suite B,
Hollister, CA 95023

(831) 637-5367



Need Help Understanding Medicare? HICAP is Here for YOU!



SHIP

State Health Insurance
Assistance Program

Senior Network Services

**Health Insurance Counseling and Advocacy Program
(HICAP)**

Health Insurance Counseling and Advocacy Program (HICAP) provides unbiased Medicare information to Medicare beneficiaries and their families. HICAP does not receive income from the insurance industry. HICAP provides community Medicare education presentations as well as one-on-one counseling to help people understand Medicare and their options.

HICAP is a program of Senior Network Services, a local nonprofit agency headquartered in Soquel. Our local HICAP provides services in San Benito as well as Santa Cruz Counties.

For Appointments call 831-462-5510

Day	Time	Location
Wednesdays,	930am – 1pm	300 West Street, Hollister, 95023
Fridays,	930am – 1pm	301 The Alameda #5B, San Juan Bautista

HICAP is currently accepting Volunteer Counselor Application. Contact Bill at 831-462-5510

This project was supported, in part by grant number 90SAPG0052-03-00, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.

SHIP (800) 434-0222

Community Partner Highlights

Discover the latest from our partners and see how we're all working together to support and uplift seniors in our community.



This could save a life

Working smoke alarms make a huge difference—and right now, the **American Red Cross** is providing FREE smoke alarms and installation right here in San Benito County.

If you or someone you love needs one, please reach out today:

831-419-3872 or email Patsy.Gasca@redcross.org

Let's spread the word and help keep our community safe—especially our seniors and vulnerable neighbors.



Smoke Alarms Save Lives!

Working smoke alarms can cut the risk of death from home fires in half.

That's why we're rallying volunteers, fire departments and partners to *Sound the Alarm*.

Together, we're installing **FREE** smoke alarms in your community. Request a smoke alarm installation today!

Community of San Benito County

Your American Red Cross of the Central Coast is offering to replace your old or nonexistent smoke alarms in your home free of charge. We are providing the new 10 year smoke alarms for free.

To receive your free smoke alarms please call 831-419-3872 or email Patsy.Gasca@redcross.org



432401-02 10/23

Building Healthier Communities Across Our Region

See how the Central California Alliance for Health is making an impact in 2026.

👉 <https://thealliance.health/community-impact-report-2026/>



2026

Community Impact Report

Built on trust. **Rooted in care.**
Grounded in 30 years of service.



Hot Meals, Connection, and Care for San Benito Seniors 🧡

Enjoy nutritious meals and meaningful connection through local senior dining programs in Hollister and San Juan Bautista. For those who are homebound, weekly meal delivery is also available to help ensure no senior goes without support.

📞 To sign up or learn more, call or text (669) 437-0865
🌐 Visit: <https://www.marthas-kitchen.org/san-benito-county>



San Benito County Food Programs



Daily Comfort: Hot Meals for Our Senior Community

**Pauline Valdivia Memorial
Community Center**
300 West Street
Hollister, CA 95023

Open
Monday through Friday
(excluding federal holidays)
9:00 AM to 4:00 PM

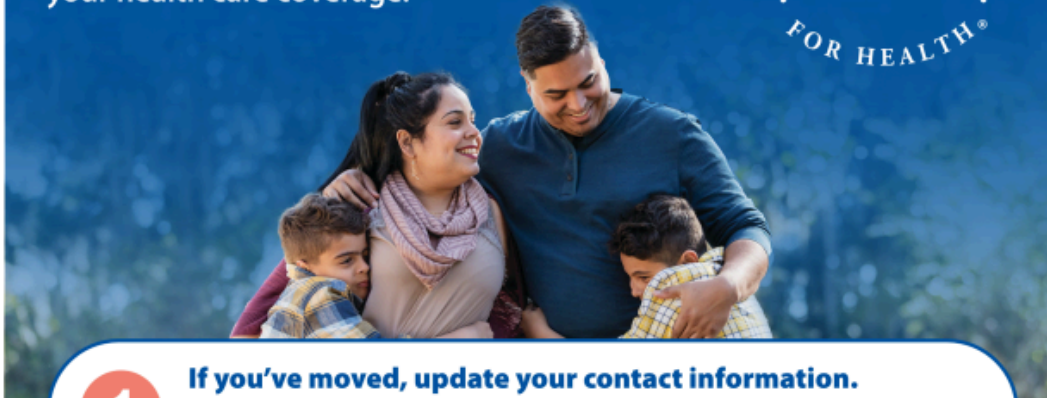
**San Juan Bautista
Community Center**
10 San Jose Street
San Juan Bautista, CA 95045

Open
Every Monday
(excluding federal holidays)
12:00 PM - 1:00 PM

Action Needed: Medi-Cal Renewal Time
Make sure your coverage continues without interruption
Need help? Click [HERE](#)

Keep your Medi-Cal coverage!

You must renew Medi-Cal this year to keep your health care coverage.



1

If you've moved, update your contact information.

Make sure your county enrollment agency has your correct address and phone number.

2

Know your renewal date and watch your mail.

Look for your Medi-Cal renewal letter with steps you may need to take to renew.

3

If required, complete the renewal paperwork and send it back fast.

If you wait too long, your health care coverage could stop and you may not be able to see your doctor or get your medications.

If you forget to return your renewal by the due date, don't worry. You may still get your coverage back if you send your packet in quickly.



Need help? We're here.



Scan the code or visit www.thealliance.health/mcc2026 to learn more.

HEALTHY PEOPLE. HEALTHY COMMUNITIES.

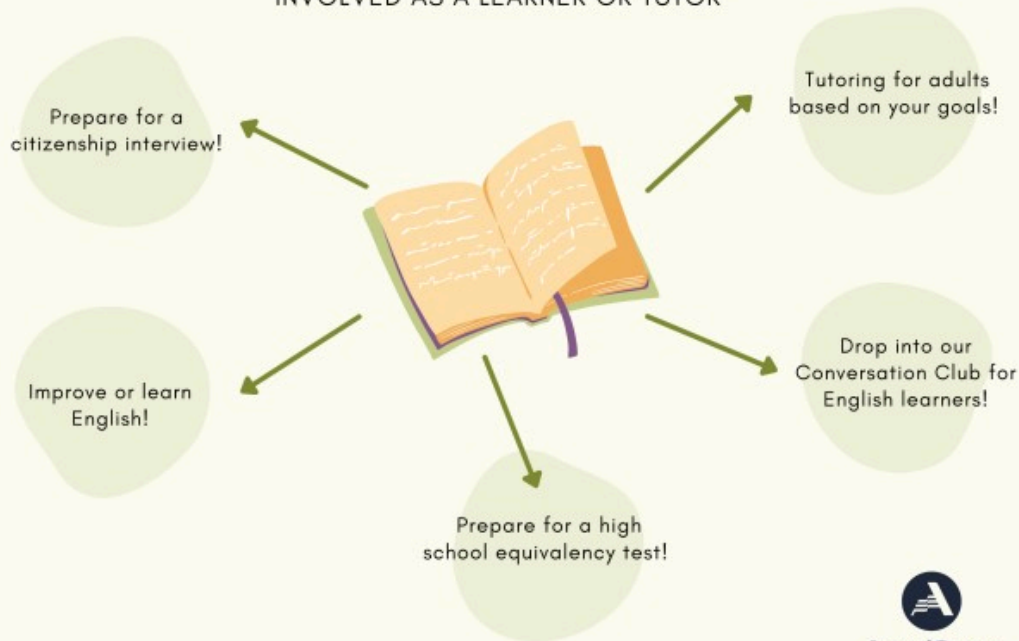
www.thealliance.health

01-2026

Learning opens doors. The San Benito County Free Library Literacy Program offers free, supportive tutoring for adults looking to strengthen English skills, prepare for citizenship, or reach new educational goals.

San Benito County Free Library Literacy Program

STOP BY 470 5TH ST. OR CALL (831) 636-4107 TO GET
INVOLVED AS A LEARNER OR TUTOR



Learn more about our program at sbcfl.org



AmeriCorps



■ **Aging & Disability Resource Directory – San Benito County**
Aging & Disability Resource Directory created by the Aging & Disability Resource Connection (ADRC) in partnership with the Seniors Council. This guide serves as a “No Wrong Door” resource to help older adults, caregivers, and individuals living with disabilities easily find support across San Benito County.

Inside, you’ll find information on:

- Caregiver resources
- Community centers
- Mental health support
- Food & nutrition programs
- Housing & legal services
- Transportation options
- Equipment & rentals
- Volunteer opportunities
- And much more

This directory is an essential tool for families, caregivers, and service providers. [Please feel free to download and share.](#)

AGING & DISABILITY RESOURCE DIRECTORY

San Benito County

2024



Published By

Aging & Disability Resource Connection (ADRC)
440 San Benito Street (Epicenter), Hollister, CA 95023
Toll-Free: (888) 637-6757
Email: info@SanBenitoADRC.org
Website: www.SanBenitoADRC.org

A Program of Area Agency on Aging
Seniors Council of Santa Cruz & San Benito Counties
234 Santa Cruz Ave, Aptos, CA 95003
Main: (831) 688-0400
Website: www.seniorscouncil.org

Revised 8/26/2024

Partnerships:



Del Mar Caregiver Resource Center
A Program of Health Projects Center



CENTRAL COAST CENTER FOR INDEPENDENT LIVING



Jovenes de Antaño

San Benito County Senior Services

EFFECTIVE JULY 1, 2025



SENIOR ASSISTANCE

(888) 637-6757

Aging & Disability Resource
Connection of San Benito County



SENIOR MEALS

(669) 437-0865

Martha's Kitchen



TRANSPORTATION SERVICES

(831)-226-1882

San Benito County
Local Transportation Authority



Do you know what a donor-advised fund can do for you? Do you know what it can do for your community?
Click [HERE](#) to learn more

what is a...

DONOR-ADVISED FUND?



A donor-advised fund (DAF) is a **charitable investment account** that allows individuals to contribute money to **support charities** while **receiving tax benefits**:

- A donor contributes cash, stocks, real estate, or other assets to a sponsoring organization, such as the **Community Foundation for San Benito County**.
- The donor receives a tax receipt and deduction for their contribution. The Community Foundation manages the funds, which **grow tax-free**. The donor retains **advisory privileges** over the funds, including the investment strategy and how they are distributed to charities.

Aging Resource Guides
from The California Department of Aging

The "Aging in California: Your Connection to Resources" guide includes a directory of resources and contact information for services available across the state. "The Emergency Preparedness Guide" is specifically designed to help older adults and people with disabilities prepare for emergencies to ensure they stay safe before, during, and after disasters and other emergency events.

[California Department of Aging Resource Portal](#)


Aging in **California**
Your Connection to Resources




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EMERGENCY PREPAREDNESS GUIDE







A Guide for Older Adults, Individuals with Disabilities, and People with Access and Functional Needs



Stay Connected!



Get In Touch

-  **Phone: 831-975-2596 ext 204**
-  **Address: 440 San Benito Street, Hollister, CA 95023**
-  **Email: Coreys@seniorscouncil.org**
-  **Website: www.seniorscouncil.org**

You can make a difference by making a [donation!](#)

The Seniors Council of Santa Cruz and San Benito Counties is a community-based non-profit, tax exempt 501(c)(3) organization. Our mission is funded through a combination of federal, state, and private sources. We appreciate any support that you feel comfortable giving.



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