

The *San Benito Seniors Connect* newsletter is an initiative of the Seniors Council of Santa Cruz and San Benito Counties, made possible by federal, state, and local funding, including private grants and donations.



In collaboration with the Community Foundation for San Benito County, this newsletter supports programs and services that enrich the lives of our seniors. Together, we're building a stronger, more connected community.



Your Monthly News & Updates

San Benito County Seniors Connect Newsletter

San Benito SENIORS CONNECT

August 2026 Newsletter Highlights

LOCAL RESOURCES. REAL SUPPORT. RIGHT HERE IN SAN BENITO COUNTY. ♥

VOLUNTEER SPOTLIGHT

Make a Difference in San Benito County

Find volunteer opportunities that match your interests, skills, and schedule.

Visit www.sbcvolunteers.org to get started!

NATIONAL SENIOR CITIZENS DAY

August 21 is National Senior Citizens Day!

A wonderful opportunity to celebrate the achievements, wisdom, and contributions of older adults in our community.

MASTER PLAN FOR AGING

Local Playbook 2024-2025

Community partners are turning ideas into action to build an age-friendly San Benito County.

- Housing for All Ages & Stages
- Health Reimagined
- Inclusion & Equity
- Caregiving That Works
- Affording Aging

TECH HELP TUESDAYS

Get one-on-one help with your phone, tablet, or laptop!

Every 3rd Tuesday
10:30 a.m. – 12:00 p.m.
San Benito County Free Library
470 Fifth Street, Hollister

KNITTING & CROCHET GROUP

Join the Adult Knitting & Crochet Group!

Every Tuesday & Friday
11:00 a.m. – 1:00 p.m.
San Benito County Free Library
470 Fifth Street, Hollister

Share ideas, meet new friends, and enjoy creative time together.

CHAIR YOGA

Gentle Chair Yoga for Seniors

Thursdays
11:30 a.m. – 12:30 p.m.
San Benito County Free Library
470 Fifth Street, Hollister

Improve flexibility, reduce stress, and enjoy a peaceful hour.

ALZHEIMER'S & DEMENTIA EDUCATION

Free online education classes in July, August & September.

- Care & Support Services
- Living Well
- Healthy Living for Your Brain and Body
- ...and more!

Register or learn more at alz.org/education

CAREGIVER SUPPORT

In-Person Caregiver Education & Support Group

Join us for practical tips, valuable resources, and compassionate support.

Select Thursdays
1:30 p.m. – 3:00 p.m.
Community Foundation Epicenter, Hollister

Call 831-724-2606 for dates & information.

NATIONAL NIGHT OUT

Tuesday, August 4
5:00 – 7:30 p.m.
Dunne Park
600 West Street, Hollister

A FREE community event with food, giveaways, displays, and fun for the whole family!

MONEY-SAVING TIPS

- Save on Your Garbage Bill (Recology & PG&E CARE)
- Save 25% on Your City Water Bill (Hollister)

Helpful tips to stretch your budget further.

MEAL PROGRAMS

Hot, nutritious meals and connection for seniors in our community.

- Martha's Kitchen (homebased & dining)
- Meal delivery available
- No senior goes without support.

SUMMER SAFETY

Stay cool. Stay hydrated. Stay safe.

- Beat the heat
- Know the signs
- Be prepared

Download the free **Emergency Preparedness Guide**.

RESOURCE DIRECTORY

NEW for 2026! Your guide to local resources including:

- Health & Support Services
- Housing
- Transportation
- Legal & Consumer
- Volunteer Opportunities
- ...and more!

Available in print and online.

PLUS: Community Events • Financial Literacy Series • Project SCOUT Free Tax Prep • And More!

SENIORS COUNCIL
SANTA CRUZ & SAN BENITO COUNTIES
SERVICE • SUPPORT • ADVOCACY

In collaboration with

Community Foundation
FOR SAN BENITO COUNTY

Stay connected with us!

seniorscouncil.org

SERVING SENIORS. SUPPORTING INDEPENDENCE. BUILDING A STRONGER COMMUNITY. ♥

Volunteer Spotlight:

Make a Difference in San Benito County

Looking for a meaningful way to give back? Whether you have a few hours each month or more time to share, **San Benito Connect** makes it easy to find volunteer opportunities that match your interests, skills, and schedule. From delivering meals and supporting older adults to helping at community events and local nonprofits, there's a place for everyone to make a positive impact.

☀️ Visit www.sbcvolunteers.org to browse volunteer opportunities, register as a volunteer, or find organizations looking for caring community members just like you.

Your time can change someone's day—

SAN BENITO COUNTY:

Your time is
the most
valuable gift.
Find a cause
you love and
make a real
difference.
Sign up now!





More opportunities available - log on to explore them all!
WWW.SBCVOLUNTEERS.ORG

www.sbcvolunteers.org | 831-975-2596 ext 204 | coreys@sbcbvolunteers.org



Seniors Council and the Community Foundation for San Benito County are partners in local aging initiatives, including San Benito Connect – Neighbor to Neighbor Volunteer Network and the State of California's Local Master Plan for Aging planning and development initiative, working together to address local community aging and disability needs. Funding for this work has been provided by the California Department of Aging, the State of California, Seniors Council of Santa Cruz & San Benito Counties, and the Community Foundation for San Benito County.

Did you Know?

August 21 is National Senior Citizens Day!

Established by President Ronald Reagan in 1988, this annual observance celebrates the achievements, wisdom, and contributions of older adults. It's a wonderful opportunity to thank the seniors in our lives for all they do to strengthen our families and communities.



Pinnacles National Park in Pinnacles, San Benito County, California



Prepared by the Seniors Council of Santa Cruz & San Benito Counties and the Community Foundation for San Benito County.

Since releasing the San Benito County Master Plan for Aging Playbook, community partners have already begun putting ideas into action! From supporting caregivers to exploring new housing solutions, local efforts are shaping an age-friendly future one step at a time.

- Housing for All Ages & Stages
- Health Reimagined
- Inclusion & Equity, Not Isolation
- Caregiving That Works
- Affording Aging
- Keep an eye out as we

highlight progress from each goal area in the months ahead.

[Read the full playbook **CLICK HERE**](#)

Upcoming Events and Classes SENIOR Focused



Tech Help Tuesdays at the Library

Need help with your phone, tablet, or laptop? You're not alone!

The San Benito County Free Library offers **Tech Help Tuesdays**, a free drop-in program where volunteers provide one-on-one assistance with everyday technology questions. Whether you're learning how to send photos, use email,

download apps, connect to Wi-Fi, or navigate your device with more confidence, friendly volunteers are ready to help.

Bring your device and your questions—no appointment is necessary!

Tech Help Tuesdays

 **Every 3rd Tuesday of the month**

- August 18, 2026

 **10:30 a.m. – 12:00 p.m.**

 **San Benito County Free Library**

470 Fifth Street

Hollister, CA 95023

Please Note:

- Bring your own phone, tablet, or laptop.
- Volunteers provide guidance and instruction only.
- Device repairs are not offered.

For more information, call the Library at [\(831\) 636-4107](tel:8316364107).

Tech Help Tuesdays

AT THE LIBRARY

Join us every 3rd Tuesday for **Tech Help Tuesdays**, a free, drop-in clinic for hands-on help with phones, tablets, and laptops!



Dates

- Tuesday, August 18, 2026
- Tuesday, September 15, 2026
- Tuesday, October 20, 2026

10:30AM - 12:00PM



- Please bring your device and questions.
- Volunteers are available to help you with your cell phone, tablet or laptop.
- Guidance only - no device repairs provided.

QUESTIONS? PLEASE CALL THE LIBRARY AT (831) 636-4107

Digital Literacy Program provided by



**470 FIFTH STREET
HOLLISTER, CA 95023**

✨ Looking for a relaxing and creative way to connect?

Join the Adult Knitting & Crochet Group at the San Benito County Free Library!

 Whether you're brand new or a seasoned crafter, come share ideas, meet new friends, and enjoy some creative time together. 



ADULT KNITTING & CROCHET

EVERY TUESDAY

11 AM-1:00 PM

(**BARBARA ROOM**)

EVERY FRIDAY

11 AM-1:00 PM

(**BARBARA ROOM**)

Drop-ins
Welcome

ALL SKILL
LEVELS
WELCOME

470 Fifth Street,
Hollister, CA 95023

(831) 636-4107

Chair Yoga

San Benito County Free Library

470 Fifth Street, Hollister

For more information, visit us at www.sbcfl.org or call (831) 636-4107

Relaxing and rejuvenating Chair Yoga session designed especially for senior citizens! Whether you're looking to improve flexibility, reduce stress, or simply enjoy a peaceful hour, this program is perfect for you.



CHAIR YOGA

Instructor:
Alice Riordan

THURSDAYS 11:30-12:30



Upcoming Online Classes:

Alzheimer's & Dementia Education

Topics include early warning signs, caregiving basics, communication, and healthy brain habits.

JOIN US IN JULY, AUGUST & SEPTEMBER ONLINE EDUCATION PROGRAMS

Presented by the Alzheimer's Association®



ENGLISH CLASSES

Exploring Care and Support Services
Tuesday, July 21, 10-11 a.m. | [Register](#)

Communicating Effectively
Thursday, July 30, 2-3 p.m. | [Register](#)

Navigating Dementia-From Diagnosis to Living Well
Thursday, August 13, 10-11 a.m. | [Register](#)

The Impact of Alzheimer's and Dementia in Our Community
Tuesday, August 25, Noon-12:30 p.m. | [Register](#)

Responding to Dementia-Related Behaviors
Thursday, September 10, 10-11 a.m. | [Register](#)

Building Brain-Healthy Habits
Tuesday, September 22, 2-3 p.m. | [Register](#)

SPANISH CLASSES

The Impact of Alzheimer's and Dementia in Our Community
Tuesday, July 21, 6:30-7 p.m. | [Register](#)

Understanding Alzheimer's and Dementia
Tuesday, August 18, 6:30-7:30 p.m. | [Register](#)

Healthy Living for Your Brain and Body
Tuesday, August 15, 6:30-7:30 p.m. | [Register](#)

FOR ADDITIONAL EDUCATIONAL OFFERINGS VISIT:

Recorded Classes: alz.org/education

Live Learning Webinars:
alz.org/livelearnings

ALZ Talks: alz.org/ALZtalks

To register, please call 800.272.3900 or visit us online at alz.org/crf

ALZHEIMER'S  ASSOCIATION®

Caregiver Support & Education

The **Del Mar Caregiver Resource Center** and **Health Projects Center** invite family caregivers to join their monthly workshops at the Community Foundation Epicenter in Hollister.

Each session offers practical caregiving tips, valuable resources, and compassionate support to help you care for a loved one while also caring for yourself.

2026 SCHEDULE

In Person Caregiver Education and Caregiver Support Group

For caregivers seeking support, resources, and knowledge to enhance the care of their loved one.

JOIN US! 1:30PM TO 3:00PM

Community Foundation for San Benito County -Epicenter
440 San Benito St, Hollister, CA

JANUARY 28	Seven Guidelines for the Caregiver Journey
FEBRUARY 25	Understanding The Mini Mental Exam
MARCH 25	How Caregiving Affects You
APRIL 22	Caring for You
MAY 27	6 Rs of Behavior Management
JUNE 24	Stress, Coping and Resiliency
JULY 22	Communication with Your Loved One
AUGUST 26	Ambiguous Loss and Grief
SEPTEMBER 23	The Myth of Closure
OCTOBER 28	Safety In the Home
NOVEMBER 18	Rituals, Celebrations and Gatherings
DECEMBER	No Meeting

For more information:
Please call (800) 624-8304

Facilitated by Health Projects Center-Del Mar CRC

Upcoming Events

Events Happening in the Community

National Night Out – Join the Fun!

Mark your calendar for **National Night Out** on **Tuesday, August 4, from 5:00–7:30 p.m. at Dunne Park (600 West Street, Hollister).**

Hosted by the Hollister Police Department, this free community event is a great opportunity to meet local first responders, connect with neighbors, and learn about valuable community resources. Enjoy food, giveaways, emergency vehicle displays, and family-friendly activities while celebrating a safer, stronger, and more connected community.

Whether you're looking to learn more about local services or simply enjoy an evening out with family and friends, National Night Out is an event you won't want to miss!

Tuesday, August 4, 2026

5:00–7:30 p.m.

Dunne Park, 600 West Street, Hollister



If the event title is highlighted, you can click on it for more information

- 8/01/26 - [Back Alley Brass 2PM-5PM, Mad Pursuit, 628 San Benito Street, Hollister](#)
- 8/01/26 - [Neverland with the Spazmatics, 6PM, Guerra Cellars](#)
- 8/05/26 - [Hollister Farmers' Market, 3PM-7PM, Downtown Hollister](#)
- 8/06/26 - 08/09/26 - [32nd Annual Good Old Fashioned Bluegrass Festival, 12PM-3PM, San Benito Historical Park](#)
- 8/08/26 - [Beer, Cheese and Bread pairing event with live music, 6PM-9:30PM, The Garden Shoppe, 364 7th Street, Hollister](#)
- 8/09/26 - [Hot August Outdoor Boutique, 10AM-3PM, 351 San Felipe Road, Hollister](#)
- 8/16/26 - [Big Flea Market 10AM-3PM, 351 San Felipe Road, Hollister](#)
- 8/29/26 - [The Indigenous Fashion Show Gala, 3PM-9PM, The Pavilion at Bolado Park, Tres Pinos](#)

Every Week -

Mondays

- [San Juan Bautista Farmers' Market, 10AM-2PM, 310 Third Street, San Juan Bautista](#)

Wednesdays

- Mary Velasco Sellen Senior Center Lunch, Chair Yoga & Bingo 11:00 AM chair yoga, followed by lunch and bingo, San Juan Bautista VFW for more info contact Mary Edge 831-262-3484 maryedge@sbcglobal.net
- [Hollister Certified Farmers' Market, 3PM-7PM, Downtown Hollister](#)

Thursdays

- Trivia Night with Miguel Silva @ Vertigo 6:30 PM - 8:30 PM
- [Vinyl Night at Vertigo, 81 Fourth Street, San Juan Bautista, 6PM-9PM](#)

Monday - Friday

- [Martha's Kitchen, 9AM - 4PM Pauline Valdivia Memorial Community Center, 300 West Street, Hollister](#)

Community Event Calendars (click links below) -

- [Mission Village Voice](#)
- [Benito Link](#)
- [San Benito County Chamber of Commerce](#)
- [Hollister Downtown Association](#)
- [San Benito County Arts Council](#)
- [San Benito County Business Council](#)
- [YMCA of San Benito County](#)
- [Rotary Club of Hollister, CA](#)
- [Rotary Club of San Juan Bautista](#)
- [HappeningNext](#)
- [San Benito Home of the FreeLance](#)
- [County of San Benito](#)
- [The City of Hollister](#)
- [City of San Juan Bautista](#)
- [Aromas Community Grange](#)
- [California Aging & Disability Resource Connection of San Benito County](#)
- [Visit San Benito Events](#)

Money-Saving Tips

♥ Save on Your Garbage Bill

Did you know that **Recology San Benito County** offers reduced residential garbage rates for qualifying low-income customers?



If you're enrolled in PG&E's CARE/Lifeline program or AT&T Lifeline, you may be eligible for discounted garbage service. To learn more or apply, call **Recology Customer Service at (831) 636-7500**.

Please note: Discounts do not apply to 64- or 96-gallon garbage carts.

Save 25% on Your City Water Bill

If you're 62 or older and participate in PG&E's CARE Program (or receive AT&T Lifeline benefits), you may qualify for a 25% discount on your City of Hollister water service.

You may qualify if you:

- ✓ Are 62 years of age or older
- ✓ Live in the City of Hollister
- ✓ Are enrolled in the PG&E CARE Program or AT&T Lifeline

To apply:

You'll need:

- A copy of your PG&E bill showing your CARE enrollment (or proof of AT&T Lifeline)
- A copy of your photo ID showing your age
- A completed City of Hollister Senior Citizen Discount application. [Click HERE for application](#)

Submit your application by email to hollisterbilling@hollister.ca.gov or deliver it to:

City of Hollister
327 Fifth Street
Hollister, CA 95023
[\(831\) 636-4301](tel:8316364301)

Health and Wellness Tips

Tips for Staying Healthy and Happy

Stay vibrant and healthy! Explore our wellness tips each month for simple ways to boost your well-being.



Summer Safety for Seniors

Summer is a great time to review your emergency plans. Wildfires, power outages, extreme heat, and other unexpected events can happen at any time, and being prepared can make all the difference.

The **California Department of Aging's Emergency Preparedness Guide** offers practical tips to help older adults, individuals with disabilities, and caregivers prepare for emergencies. Inside you'll find guidance on:

- Creating an emergency plan
- Packing a Go Bag and building a Stay Box
- Organizing important documents and medications
- Planning for medical, mobility, and communication needs
- Staying informed before, during, and after an emergency

Take a few minutes today to prepare—you'll have greater peace of mind knowing you're ready if an emergency occurs.

👉 [Click here to download the free Emergency Preparedness Guide:](#)



Summer SAFETY FOR SENIORS

Hot weather can be dangerous for older adults. A little planning can go a long way toward staying safe, healthy, and cool.

 **STAY COOL.**
 **STAY HYDRATED.**
 **STAY SAFE.**

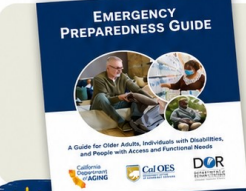
TIPS TO BEAT THE HEAT

-  **Drink Plenty of Water**
Stay hydrated throughout the day, even if you don't feel thirsty.
-  **Stay Cool Indoors**
Use fans or air conditioning. Visit cooling centers if needed.
-  **Avoid Peak Heat**
Limit outdoor activities during the hottest part of the day.
-  **Check on Others**
Look out for neighbors, friends, and family—especially those who live alone.
-  **Never Leave Anyone in a Car**
Temperatures rise quickly and can be life-threatening.

 **Know the Signs of Heat Illness**

- Headache
- Dizziness
- Nausea
- Confusion
- Rapid heartbeat
- High body temperature

 If you or someone you know shows these signs, get to a cool place and seek help right away.



BE PREPARED. STAY INFORMED.
The California Department of Aging offers free resources to help older adults and people with disabilities prepare for emergencies.

Download the FREE Emergency Preparedness Guide today!
aging.ca.gov/emergencyprep



 **A SAFE SUMMER STARTS WITH YOU. Plan ahead. Stay cool. Stay safe.** 

Community Partner Highlights

Discover the latest from our partners and see how we're all working together to support and uplift seniors in our community.



Financial Literacy Series for Women

The Women's Fund of the Community Foundation for San Benito County invites women to participate in a three-session financial literacy series designed to build confidence in budgeting, retirement planning, estate planning, and protecting financial information. Sessions begin August 27 at the Community Foundation Epicenter in Hollister. Registration is required by August 24. See the flyer below for details. [Click HERE to register.](#)

YOU WILL LEARN HOW TO...



A THREE-SESSION JOURNEY FOR WOMEN, BY WOMEN



AUGUST 27TH
HOW TO BUDGET, IMPORTANT DOCUMENTS TO KEEP, DEBT MANAGEMENT, AND MORE.
Shannon Wilkinson
CERTIFIED PUBLIC ACCOUNTANT



SEPTEMBER 10TH
INVESTMENT AND RETIREMENT ACCOUNTS.
Alexis Winder
FINANCIAL ADVISOR, EDWARD JONES



SEPTEMBER 24TH
ESTATE PLANNING, FAMILY TRUSTS AND ASSET PROTECTION FOR YOU AND YOUR FAMILY.
Marla Pleyte
ATTORNEY, CERTIFIED FAMILY LAW SPECIALIST



When:
THURSDAY 8/27, 9/10, & 9/24
MORNING SESSIONS: 11AM-1PM
EVENING SESSIONS: 6PM-8PM



Where:
COMMUNITY FOUNDATION EPICENTER
440 SAN BENITO STREET, HOLLISTER

Reserve Your Spot Today!

SINGLE SESSIONS: \$35 EACH
FULL BLUNDLE SERIES: \$60
(SAVE \$45!)
A MEAL WILL BE PROVIDED
DEADLINE TO ENROLL:
AUGUST 24TH @ 5PM



tinyurl.com/financial-lit-sbc-2026

440 SAN BENITO STREET, HOLLISTER, CA 95023

831-630-1924

GIVESANBENITO.ORG



Congratulations to the 2026 San Benito County Chamber of Commerce Award Honorees!

The Seniors Council congratulates all of the individuals, businesses, and organizations recognized during the San Benito County Chamber of Commerce's 105th Annual Dinner Dance Awards Gala. These awards celebrate leadership, innovation, and the many contributions that help make San Benito County a wonderful place to live, work, and do business.

We appreciate the Chamber's continued commitment to recognizing those who strengthen our community and encourage everyone to join us in celebrating this year's outstanding honorees.

[!\[\]\(6638a56c686f4e4d5e9e12d5a306d03e_img.jpg\) Join us in celebrating this year's honorees! Click here to purchase your tickets for the 105th Annual Dinner Dance Awards Gala.](#)



Hot Meals, Connection, and Care for San Benito Seniors ♥

Enjoy nutritious meals and meaningful connection through local senior dining programs in Hollister and San Juan Bautista. For those who are homebound, weekly meal delivery is also available to help ensure no senior goes without support.

📞 To sign up or learn more, call or text (669) 437-0865
 🌐 Visit: <https://www.marthas-kitchen.org/san-benito-county>

Monday	Tuesday	Wednesday	Thursday	Friday
3 Spaghetti & Meatsauce Caesar Salad w/ Garbanzo Italian Green Beans WW Garlic Bread Diced Cantaloupe	4 Broccoli & Cheese Potato Lentil Salad Broccoli WW Roll Fruit Crisp	5 Meatloaf w/ Tomato Sauce Mashed Potatoes Malibu Mixed Veggies WW Roll Plum	6 Chicken Mole Cauliflower w/ Peppers Refried Beans Mexican Rice Apple	7 Chicken Saad Sandwich Tomato Slaw Butternut Squash Soup Banana
10 Beef & Broccoli Sesame Carrots Broccoli Brown Rice Pineapple Chunks Fortune Cookie	11 Vegetable Quiche Roasted Potatoes Summer Squash WW Roll OJ	12 Beef Enchiladas Refried Beans Romaine Salad w/ Peppers Spanish Rice Peach	13 Parmesan Chicken Italian Green Beans Steamed Spinach Strawberries	14 Greek Chicken Spinach Wrap Tabouli Salad Green Vegetable Soup Banana
17 Hamburger Succotash Potato Wedges Applesauce	18 Baked Fish Summer Squash Roasted Sweet Potatoes WW Roll Strawberries Graham Crackers	19 Chicken Tostada Black Beans Steamed Carrots Spanish Rice OJ	20 Beef Rigatoni Casserole Green Salad Malibu Mixed Veggies WW Roll Plum	21 Turkey Sandwich Corn Salad LS Roasted Tomato Soup Banana
24 Pulled Pork Tacos Refried Beans Cauliflower w/ peppers Banana	25 Pesto Chicken Mixed Veggies Steamed Spinach Brown Rice Orange	26 Shepherd's Pie Green Beans Potatoes & Vegetables WW Roll Graham Crackers Diced Cantaloupe	27 Macaroni & Cheese Roasted Brussel Sprouts Three Bean Salad WW Roll Fruit Cocktail	28 Asain Chicken Salad Sliced Peppers, Green Onions Mandarins Birthday CAke
31 Chicken Jambalaya Sauted Greens Brown Rice OJ				

Martha's Kitchen: SAN BENITO SENIOR MEALS
 Serving Senior Meals 6:30 AM - 1:30 PM
 Van Nuys Memorial Community Building, SAN
 JUAN BAUTISTA 1001 West Street Hollister, CA
 95033
 (669) 437-0865
 Arts & Crafts: Mondays & Fridays from 10:30 AM -
 1:30 PM
 Exercise Class: Tuesdays, Wednesdays, &
 Thursdays from 10:30 AM - 11:30 AM
 Meet service table please from 12:00 PM - 12:30 PM
 BINGO: 12:45 PM - 1:30 PM
 (Dining room closes at 1:30 pm)

*High Sodium**
 A nutritious lunch designed for seniors (60 years and over) is served every weekday at the
 Hollister dining site in the San Benito Room. Diners please check-in by 11:45 a.m. to receive
 your meal. There is a suggested donation of \$3.00. Seniors ages 60 and over will not be
 turned away for lack of funds. Guests under 60 will be asked to pay \$5.00.

1% MILK is served with every meal. Menu items subject to change without notice.

"Feeding The Hungry With Integrity"



San Benito County Food Programs



Daily Comfort: Hot Meals for Our Senior Community

**Pauline Valdivia Memorial
Community Center**
300 West Street
Hollister, CA 95023

Open
Monday through Friday
(excluding federal holidays)
9:00 AM to 4:00 PM

**San Juan Bautista
Community Center**
10 San Jose Street
San Juan Bautista, CA 95045

Open
Every Monday
(excluding federal holidays)
12:00 PM - 1:00 PM



Get help by appointment!
Call: 831-724-2606
email: projectscout@seniorscouncil.org



Attention Seniors!
GET HELP WITH CALFRESH!

Calfresh is a financial assistance program for purchasing food that gives you a monthly deposit into a debit card (EBT) that can be used at:

- Supermarkets
- Farmers Markets
- Restaurants (through Restaurant Meal Program RMP)

Calfresh Application Checklist:

- 1- Current ID with Picture
- 2- Social Security card or statement 1099-SSA
- 3- List of ALL income received
- 4- Medical expenses
- 5- Household expenses
- 6- Any dependent care paid
- 7- Proof Immigration status (non-citizens only)

Gross Monthly Income Eligibility Standards for Modified Categorical Eligibility (MCE)/Broad-Based Categorical Eligibility (BBCE) (200% of Poverty Level)

Household Size	Gross Income
1	\$2,510
2	\$3,408
3	\$4,304
4	\$5,200
5	\$6,098
6	\$6,994
7	\$7,890
8	\$8,722
Each additional member	+ \$898

Project SCOUT is an agency of the Seniors Council of Santa Cruz and San Benito Counties



Reciba ayuda con cita!
llame: 831-724-2606
email: projectscout@seniorscouncil.org





Project Scout FREE TAX PREP

OUR SERVICE

Free tax assistance for those with reportable income of \$67,000 or less; simple tax returns only. To schedule an appointment with one of our tax prep volunteers, call 831-724-2606, email projectscout@seniorscouncil.org, or in person at our appointment or walk-in sites. Please leave a message with your full name, phone number, age, city or town where you live, and what forms or sources of income you need to report in your taxes. You will be contacted for an appointment.

**We will not prepare married filing separate, rental income, net losses, losses of \$35,000 or more, some K-1s with other income, deductions, and credits, plus others.

DIY SERVICE

Facilitated Self-Assistance Option. Do your taxes for free by using our free link: www.tinyurl.com/SCOUTESA income limit \$84,000.00!



REQUIREMENTS

The Following are mandatory for your Tax Preparation Appointment:

- ✓ **FORMS of IDENTIFICATION:**
 - Valid Picture ID such as Drivers License or Passport
 - Social Security Card, 1099-SSA form for those with Social Security income
 - Official ITIN card or letter from IRS with ITIN for those without Social Security.
- ✓ **INTAKE SHEET:**
 - Provided by Project SCOUT, please fill out prior to appointment.
- ✓ **PRIOR YEAR RETURN:**
 - Or most recent if prior year not available.
- ✓ **INCOME:**
 - W-2 and 1099 forms
 - ANY OTHER amounts of income received.
- ✓ **DEDUCTIONS:**
 - Tip and overtime income (Schedule 1-A)
 - Itemized expenses by type (Schedule A)
 - Itemized expenses by type for self-employed (Schedule C)
 - For others consult your volunteer tax preparer.
- ✓ **HEALTHCARE:**
 - Form 1095 showing type of healthcare coverage

Thank you to our partners & sponsors!



PROJECT SCOUT

*A program of the Seniors Council of
Santa Cruz and San Benito Counties*

<https://seniorscouncil.org/project-scout>



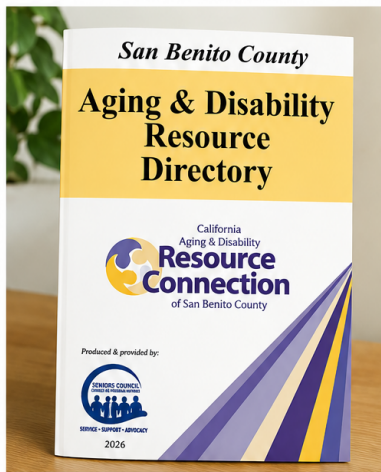
CONTACT US

For appointment services:

Call: 831-724-2606

email: projectscout@seniorscouncil.org

Aging & Disability Resource Directory – San Benito County



New for 2026! ☀️

Your Guide to Local Resources

The 2026 San Benito County Aging & Disability Resource Directory is your go-to guide for finding services and support in our community.

Whether you're planning ahead, caregiving for a loved one, or simply looking for help today, this directory puts essential information right at your fingertips.

Find information on:

- 👤 Caregiver Support
- 🍴 Food & Meal Programs
- 🏠 Housing Resources
- 🏥 Health Support Services
- 🚶 Recreation & Exercise
- 🚌 Transportation
- ⚖️ Legal & Consumer Services
- 🚨 Emergency Resources
- 👤 Volunteer Opportunities

...and much more!

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Helping Our Community Ages Well

The Aging & Disability Resource Connection (ADRC) is here to connect you with trusted information and local resources you can count on.



Available in print and online

Trusted local resources for older adults, caregivers, individuals with disabilities, and families.



Pick up your free copy:

Aging & Disability Resource Connection (ADRC)
300 West Street, Hollister, CA 95023
(888) 637-6757 | info@SanBenitoADRC.org



Or visit us online:

www.SanBenitoADRC.org/resource-directory
Bilingual, regularly updated, and available for download 24/7!

Aging & Disability Resource Directory created by the Aging & Disability Resource Connection (ADRC) in partnership with the Seniors Council. This guide serves as a "No Wrong Door" resource to help older adults, caregivers, and individuals living with disabilities easily find support across San Benito County.

San Benito County Senior Services

EFFECTIVE JULY 1, 2025



SENIOR ASSISTANCE

(888) 637-6757

Aging & Disability Resource Connection of San Benito County



SENIOR MEALS

(669) 437-0865

Martha's Kitchen



TRANSPORTATION SERVICES

(831)-226-1882

San Benito County Local Transportation Authority



Do you know what a donor-advised fund can do for you? Do you know what it can do for your community?

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what is a...

DONOR-ADVISED FUND?



A donor-advised fund (DAF) is a **charitable investment account** that allows individuals to contribute money to **support charities** while **receiving tax benefits**:

- A donor contributes cash, stocks, real estate, or other assets to a sponsoring organization, such as the **Community Foundation for San Benito County**.
- The donor receives a tax receipt and deduction for their contribution. The Community Foundation manages the funds, which **grow tax-free**. The donor retains **advisory privileges** over the funds, including the investment strategy and how they are distributed to charities.

Stay Connected!



Get In Touch

- Phone: [831-975-2596 ext 204](tel:831-975-2596)
- Address: [440 San Benito Street, Hollister, CA 95023](#)
- Email: Coreys@seniorscouncil.org
- Website: www.seniorscouncil.org

You can make a difference by making a [donation!](#)

The Seniors Council of Santa Cruz and San Benito Counties is a community-based non-profit, tax exempt 501(c)(3) organization. Our mission is funded through a combination of federal, state, and private sources. We appreciate any support that you feel comfortable giving.



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